

The Upland News

Seventy-Eighth Year, No. 24

Upland, California, Thursday, September 7, 1972

36 Pages 10 Cents

A MOTHER'S RELIEF

School Bells Ring Monday

Well kids, enjoy your last weekend of freedom before school bells ring and you're late for class Monday morning! School daze are here again -- grocery stores are well stocked with bright, new notebooks and colored pencils, bus schedules are being printed in newspapers -- stores show "Back to School" clothes everywhere you go.

Upland Town Center merchants are sponsoring "Back to School Days" starting today and continuing Friday and Saturday. Merchants who belong to Upland Town Center Promotion Association will have coupons to give to customers who purchase merchandise. Coupons entitle customers to a hot dog and Seven-up for a mere 10 cent charge at a hog dog trailer which will be parked in the Town Center from 11-5 p.m.

This has been a week for registering new students and enrolling first time kindergarten children. Parents should register their children today and tomorrow if they haven't already done so. State law requires a birth certificate or other legal proof of the child's age, verification of polio immunization and verification that the child has had measles or received measles vaccine and inoculations against diphtheria, tetanus and whooping cough.

The Upland School District board of trustees appointed Dave Barden as the new principal for Sierra Vista Elementary School at a special meeting held last Wednesday night.

Barden was formerly vice-principal at Sierra Vista. Former principal Loren Sanchez was

moved to a district position as director of special programs.

Due to crowded conditions, Cucamonga Elementary School, 8677 Archibald Ave., in Cucamonga, will have double sessions this year. Students have received letters in the mail if they begin school at 8:15 a.m. or 8:45 a.m.

Classes start at 8 a.m. at Los Amigos Junior High School at 8646 Baker Ave., in Cucamonga.

In the Central School District, Central Elementary School, 7955 Archibald Ave., Cucamonga, will begin at 8 a.m. Monday. Valle Vista Elementary School, 7727 Valle Vista, Cucamonga, starts at 8:30 a.m. Cucamonga Junior High School at 7611 Hellman Ave., begins at 9:30 a.m.

Alta Loma Elementary School, 7085 Amethyst Ave., starts at 8:30 a.m. Classes begin at 8 a.m. at Alta Loma Junior High, 9000 Lemon Ave., Carnelian School, 7105 Carnelian Ave., begins at 8:30 a.m.

Upland School District

Baldy View Elementary, 979 W. 11th St., 8:30 a.m., Foothill Knolls Elementary, 1245 Veterans Ct., 8:45 a.m.; Sierra Vista Elementary, 8:30 a.m. or 9 a.m. -- (staggered schedule); Magnolia Elementary School, 465 W. 15th St., 8:30, 9:30 (staggered schedules); Upland Elementary School, 601 N. 5th Ave., 8 a.m.; Pioneer Junior High, 245 W. 18th St., 8:10 a.m.; Upland Junior High, 444 E. 11th St., 8:15-3 p.m.

Minimum days are 180 minutes long for kindergarten, 230 minutes long for primary grades and 240 minutes long for upper

grades.

High School: Upland High School, 565 W. 11th St. and Alta Loma High School, 8880 Baseline Rd., 1st period starts at 7:45 a.m.

Chaffey College in Alta Loma: Registration for the fall quarter will continue Sept. 12-13 with classes programmed from Sept. 18 until Dec. 1.

All students must show permit-to-register cards from the admissions office in order to enroll.

Registration will be conducted for continuing students throughout the registration period; for new or former students on the 12th and 13th. Admissions office hours for registration are from 8 a.m. until 9 p.m.

The last day that students may add classes is Sept. 22. Information on study offerings and registration procedures at this tuition-free college may be obtained from the admissions office. The telephone numbers are 987-1737 or 822-7456.

Bus

Upland High

Route "A"
First stop 7:45 a.m. Central and Arrow Hwy., Wilson and Baseline, Wilson and 18th, Mountain and 20th, Mountain and 19th, 19th and O'Malley, 19th and Coolcrest.

Route "B"
First stop 7:45 a.m., 25th and Mountain, 25th and Mesa Ter., Mesa Ter. and Mountain, Mountain and Mountain Lane (park), Mountain and 24th to 21st incl.

Route "C"
First stop 8:10 a.m., Euclid Cr. East and Bellview Rd., Euclid and 24th to Euclid and 18th.

Route "D"
First stop 8:10 a.m., 14th and Monte Verde, 9th St. and 14th Ave.

Route "E"
First stop 8:15 a.m., San Antonio and 24th to 20th incl.

Baldy
First stop 8 a.m., Baldy Village, Orchard House, 25th St. and Euclid Cr. W., Euclid Cr. W. and Vista Dr.

Elem. To Baldy
7:30 Euclid and 6th St., 7:40, Euclid and 16th St., 7:45 Euclid and 25th St.

Hut! Rest Assured Pop Warner

Troubled Pop Warner football players can relax now, assured they'll have a field to practice on and that they won't miss any valuable practicing days for the Fall season, Upland City Council moved to allow the 150 members of the Pop Warner Football League to use Hawkins field for night practice for some three weeks until street lights are installed at the playing field of Pioneer Junior High, 245 W. 18th St.

The city will rent the four lights for \$40 a month all year. Because Hawkins field is scheduled for renovation this fall, the league was originally denied permission to use it. Gordon Kelly, president of Upland Pony League baseball association, addressed the council Tuesday and said although he

sympathized for Pop Warner teams, the field was in sore need of replanting so it would be in proper condition for baseball season in March and that the replanting should not be postponed.

After considerable discussion by councilmen, Harold Bailin moved to send proposed amendments to the text of the Upland Municipal Code regarding Planned Residential Development and Planned Unit Development back to the Planning Commission for further study and consideration at their Sept. 28 meeting. It was decided that the Planning Commission would report back to the council on Oct. 2 on these amendments. Bailin felt the planned unit development plan for Upland lacked an incentive factor for developers.

He moved to revamp the ordinance to include at least a 10 percent density factor incentive to attract developers. It was suggested that the 20 percent street requirement be removed in the PUD also.

The ordinance to increase the fee builders are required to pay into the city fund for the purchase of water stock was unanimously approved by the council on the second reading.

A resolution requesting that San Bernardino County administer the Federal Aid Urban Highway Program was approved. Upland's share of the federal aid of the urban system funds is \$26,600 of \$429,000 for the county. City Manager Elwin "Pinky" Alder said there would be greater flexibility and benefit to the city to have the county administer the funds. The funds are to be used on a dollar for dollar matching basis for right-of-way acquisition and construction of street and highway projects of the Urban Highway System.

Planning Director Rod Anderson recommended that the council approve the Planning Commission's plan for a modified government subsidized housing distribution model for the valley portion of San Bernardino County. Anderson said the Planning Commission disapproved with guidelines of the "mini-model" of subsidized housing within the city because of the plan to have socioeconomic mixing in residential areas.

The planning commission also proposed that density patterns in the model be reduced from 40 as the maximum number of single-family dwelling units in an individual development to 15 and that the maximum multiple family housing project shall not exceed 50 rather than 75 dwelling units. Bailin said he "was incensed at the time and effort that's been put into this project -- an outstanding example of bureaucratic red tape which wastes everybody's time."

The zone is inconsistent for that type development. Mayor Abner Haldeman said the Mayor's Advisory Committee is studying the land use for both sides

Los Olivos Project Now A Problem Of People

By PATRICIA REID
Of The News Staff

Construction continued as board members met last week in the Housing Authority office, 1248 N. Campus Ave., to consider the last remaining problem of the project--personnel.

All the windows were replaced in the Housing Authority office and relative calm prevailed at Los Olivos last week as construction crews went back to work unharassed.

At the special meeting, the commissions in attendance, Ray Rivera, Helen Nylander and Charles Gehrken (chairman), unanimously approved the city's offer to provide a temporary executive director for the modernization project to replace June Kopp who resigned.

City Community Relations coordinator, John B. Shoemaker will take the position for a 30 day period. Shoemaker is very familiar with the people and problems of Los Olivos and spends time daily visiting the area. He's been instrumental in obtaining needed recreational equipment and programs for the area and has involved the Police Department and Fire Department in the community.

Chairman Gehrken said a list of qualifications for a permanent executive director had been given to the city personnel department and that the board had written HUD for assistance with a replacement.

Faced with numerous complaints from irate residents and pressure from several fronts, Robert Perkins, Housing Authority Inspector for the \$795,000 modernization program, handed in his resignation just minutes before Thursday's special meeting. He said, "Due to the conditions that exist and lack of cooperation, I find it to my best interest to resign."

Unexpectedly, Kenneth A. Taylor, who served as the Housing Authority's contracting officer,

also turned in a letter of resignation. Since commissioners Irene Morrill and Flora Kushin were out of town, the board couldn't authorize payment of \$275, in bills owed Taylor until the commissioner's return.

Taylor's letter said, "In view of the conditions which exist, it is impossible to accept responsibility or make recommendations to the commission."

Mary Ellen Rocha, one time Housing Authority secretary, clerk and cashier, also resigned due to "pressure from harassment and threats on my life."

A committee of two commissioners, Ms. Nylander and Rivera were appointed to recruit a replacement for Ms. Rocha. Vice Mayor John McCarthy attended the special session and said the city personnel department will assist in providing qualified applicants if needed.



HIGH HONOR -- Edward E. Douville of Upland, senior, accompanied by his wife, Shirley, accepts Department of the Navy's Meritorious Public Service Citation from Rear Admiral V.G. Lambert, Commander, Naval Base Los Angeles - Long Beach. Douville received citation for "outstanding contributions to the Navy" while aboard the USS Saratoga.

Training, Info Center Opens At Chaffey College

Chaffey College had an open house for the community last week to mark the "grand opening" of its new training and information center at 8518 Sierra Ave. in Fontana.

The heart of the center will be the college's power-sewing school which Chaffey pioneered in Chino some four years ago and developed into a top-priority program for the garment and drapery industry.

The program resumed operation Tuesday after being suspended in midsummer to make the move to Fontana from Chino. Libby Bajcer, chief instructor for the program, was hostess for the open house which included power-sewing demonstrations and displays of student production.

Owing to the demand for power-sewing operators, Chaffey will continue the program on an open-end basis and maintain both a day and evening schedule. Class sessions will be from 8:30 until 2

p.m. Mondays through Thursdays and 4-10 p.m., Mondays-Wednesdays.

"Our Chino experience proved that the industry hires our girls about as fast as we can train them," reported Ms. Bajcer, who also coordinates the job placement.

"Usually a student takes the day session until she gets a job at the entry level, then enrolls in the evening session for job upgrading," she said.

The school is equipped with 21 single-needle machines and four special units. The special units are used for buttons, buttonholes and blind stitching.

As at Chino, the training at Fontana will be self-paced with the emphasis on personalized instruction.

Additional information on training and job opportunities in the garment and drapery field may be obtained by dropping by the new address.

Food Pages Written For The Consumer Weekly In The All-New News

The news — briefly

New Signal Installed

Mountain Ave. motorists in Upland are advised that an additional four-way stop signal has been installed on Mountain Ave. at 13th St. Lee Travers, director of Administrative Service, said the increasing number of school children who must cross Mountain Ave. to reach the Sycamore Elementary School caused the Upland School Traffic Safety Committee to review walking routes and recommend that a four-way stop be installed at 13th St. and Mountain Ave. to protect these school children.

Sons Of Italy Set Dinner

The Order of the Sons of Italy -- West End Lodge No. 2127 is sponsoring an Italian dinner on Sunday afternoon, Sept. 10, at Sweeten Hall (corner of Hellman Ave. and San Bernardino Rd.) in Cucamonga from 1-5 p.m. Proceeds from the spaghetti and sausage dinner will go to the Leukemia Research Fund of the City of Hope. Donations are \$2 for adults and \$1 for children.

Children's Forest To Be Dedicated

Children's Forest located near Crest Forest in the San Bernardino National Forest will be dedicated this month. This will be possible because of donations of time, money, and materials.

Ms. D. Osmundsen, conservation chairman for the Upland Junior Women's Club, thanks Kaiser Steel of Fontana and Ameron, Steel Producing Division, of Etiwanda, for their donations of steel and steel products needed to complete the watering system. Kaiser also gave a monetary donation.

All 15 Junior Women's Clubs in the San Bernardino District worked hard to obtain materials and gave time to clean up the area.

2ND YEAR OF OPERATION

Retired Persons Assoc. Receives Charter

After two years of operation, the Upland-Ontario Chapter (number 781) of the American Association of Retired Persons (AARP), received its charter charter. Cicero Baquet, area IX vicepresident, presented the charter to Virginia Marshall who organized the chapter in Sept. 1970 and served as president for one year.

The chapter will celebrate its second birthday party at a luncheon Monday, Sept. 18 at Hart Hall of the Upland Presbyterian Church, 869 N. Euclid Ave.

Other upcoming activities include a tour to "Wild Animal Park" in San Diego on Thursday, Sept. 28. Those interested in this activity should call Joe Webb

at 593-1683. A "Defensive Driving" course, designed by the National Safety Council, will be offered in October.

Plans are in the works to organize a Consumer Information Desk such as those currently in operation on the East Coast and in the Mid-West. Volunteers will be trained for this free community service. Interested persons may call Ms. Marshall at 984-5893.

The Upland-Ontario chapter has 450 members and is very active. The AARP is said to be the nation's largest organization dedicated to helping older persons achieve retirement lives of independence, dignity and purpose. Chapters of the AARP have

public service as their watchword and exist to enable their members to help each other and their communities.

AARP membership is open to all persons 55 years of age or older, whether retired or not. Membership information is available by calling Harold Joelson at 985-7856.

The association also sponsors services designed to help older persons living on fixed retirement incomes meet their health, insurance, medical and other needs.

The AARP and its sister organization, the National Retired Teachers Association (NRTA) developed the first group health insurance plans for the elderly

and now offer a wide range of plans, including insurance to complement Medicare and automobile insurance with no-cancellation features.

Other AARP services include a travel service geared to mature needs, mail order discount drug service, and an Institute of Lifetime Learning program, which offers local classes. Classes scheduled for the near future include: Creative Writing, Legal Aid and Nursing Skill and Aid in the Home. Information on classes may be obtained by calling Wilma Van Ornam at 982-5965.

The annual Area IX AARP picnic will be held at 10 a.m., Wednesday, Sept. 27, in Sylvan Park, Redlands.

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EQUAL HOUSING OPPORTUNITIES

Here She Comes, Folks, Ms. America

By PATRICIA REID

Not all domesticated mothers (housewives or employed), who live in small residential communities are "unenlightened" as women or complacent with the "way things are."

Vibrations from the Women's Liberation Movement of the past two years have penetrated the minds and feelings of women as far as unincorporated Cucamonga.

Midge Lennert, mother of 3, who lives with her family at 8225 Red Hill Country Club Drive in Cucamonga, has felt strongly for at least 10 years that women have been consistently put down and that they do have an important contribution to make to society.

Ten years ago she delivered a speech at Chaffey College detailing the exploitation of working women in the local area and "brought the house down." She put the speech together herself by researching the national statistics on discrimination against working women and then "hoofed it" and talked to local working women and revealed specific incidents of salary discrepancies, and lack of benefits, etcetra.

Ms. Lennert works at the Department of Corrections in On-

tario and is a Women's Parole Agent (the only woman). She's also worked at the California Institute for Women near Chino Women's Correctional officer. Her experiences in the past 10 years -- and the vast reading of "feminist" literature she's done has inspired her to join with her sister, Norma Willson, from Lomita, who's also married and has three children, to put out a women's paper "about women for women."

Two issues of "51 Percent -- A Paper of Joyful Noise for the Majority Sex" have come out. The September issue is in the works. Ms. Lennert reported that the response from the July and August issues "was fantastic."

"We think women are hungry for this type of thing," she said. Ms. Lennert (a member of NOW and the National Women's Political Caucus) said she and Ms. Willson footed the bill for the July issue (\$400) entirely themselves. Some 6,000 issues of the artistic four page tabloid newspaper were printed. Ms. Lennert said she has received letters from several housewives in Cucamonga, Upland and Ontario praising the paper. Only 1,000 were distributed in the Pomona Valley.

Copies were distributed in Lomita and through various Na-

tional Organization of Women chapters. The arty paper is not so radical that it turns off housewives -- its purpose is as an outlet for women to express themselves. "We have a real ball putting the paper out -- my kids help paste up and draw pictures we use. Both of us are really enjoying working with other women on this new paper," said Ms. Lennert.

Besides contributing poetry, art work and articles, women readers can now buy an advertisement space for \$5 per column inch, and "say whatever they want." The editorial policy is to make 51 Percent entirely free: "free in spirit, free in its format, free from organizational edict and pressure and free to the readers."

The front page articles have to do with women's legal rights; how the California legislators stand on the Equal Rights Amendment and other legal ways women are discriminated against.

Ms. Lennert said her husband was "amused" at first with the paper, but after the response, he said he was glad he didn't have a passive wife. Other parole officers at work complimented the paper according to Ms. Lennert. "Men like women to have their own thoughts and ideas and not to be afraid to speak out," she said.

Ms. Lennert plans to encourage college women at Chaffey College and the Claremont Colleges to contribute to 51 Percent. She will run a survey of working conditions in the greater Ontario area for the October issue. She and her sister will interview women laborers in "sweat shops" and department stores and compare salaries, benefits, etc.

Ms. Lennert believes that women have to be taken seriously in society before they can make a contribution. "A woman whose own person makes a better contribution and liberation of the female liberates the male," she said.

Ms. Lennert and Ms. Willson hope 51 Percent provides a means of expression for isolated housewives who feel suppressed and "lets them know they're not alone." Ms. Lennert also told about successful Women's Centers in other cities where housewives and other women go for consciousness raising rap sessions. She said she feels there's a need for one in the Cucamonga area where Chicano women could go and rap.

Housing Authority Holds Special Meeting

The Upland Housing Authority Commission held a special meeting Tuesday to discuss the appointment of a new contracting officer and building inspector.

Last Thursday Robert Perkins and Kenneth P. Taylor, housing inspector and contracting officer respectively at the Los Olivos project, resigned their posts.

Commissioners also were to discuss the payment of outstanding fees to Taylor at the meeting at the Housing Authority office, 1248 N. Campus Ave.

Progress on the modernization project currently under way at Los Olivos was also to be discussed.

Another personnel resignation -- the fifth in the last two weeks -- was expected to be accepted by the commissioners at the meeting.

In addition to the resignations of Perkins and Taylor, June Kopp, the housing director at Los Olivos, and Mary Ellen Rocha, secretary to the housing director, quit their posts in recent

weeks. John B. Shoemaker, Upland community relations coordinator, is temporarily filling the housing director post.

The commissioners were to discuss reimbursing the city for Shoemaker's services. The salary and benefits to be offered in the search for a new secretary also were to be examined.

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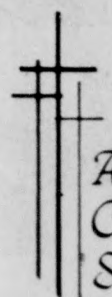
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Bus Schedules

Central District

Route "A"	First Stop 7:45 a.m. Central and Arrow Hwy. Wilson and Baseline Wilson and 18th Mountain and 20th Mountain and 19th 19th and O'Malley 19th and Coolcrest
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Baldy	First Stop 8 a.m. Baldy Village Orchard House 25th St. and Euclid Cr. W. Euclid Cr. W. and Vista Dr.
Elem. To Baldy	7:30 Euclid and 6th St. 7:40 Euclid and 16th St. 7:45 Euclid and 25th St.

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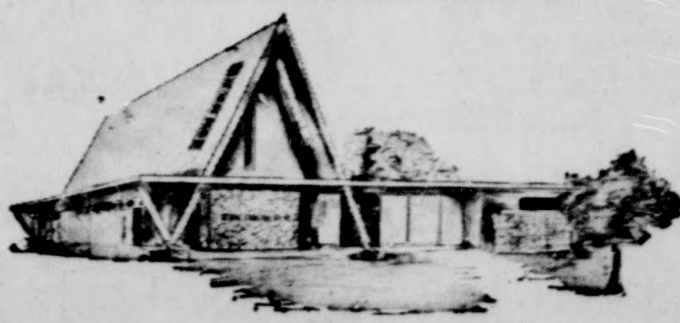
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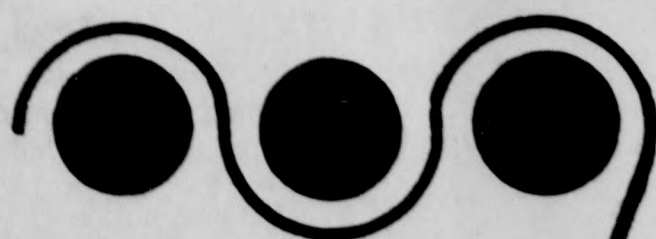
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Marge Stewart-- 'Something Super'

Ms. Margaret Stewart is something of a super Girl Scout. "And I know the image so many people have of Girl Scouts," she said. "But I've got news for them--scouting is one of the most progressive organizations in the country. The old-fashioned Girl Scout image just doesn't fit."

Ms. Stewart, who was born and reared in Ontario, is a woman very much involved with her community. Scouting, definitely, is her main interest. "I started as a Brownie way back in 1929 when I was just a little girl," she said. "I was an intermediate, then a mariner scout when I was at Chaffey High School. I took a respite -- and went to Chaffey College for two years. Then I got married and my husband and I moved to Upland. My daughters got interested in scouting, so mother was right there to help. I was an adult volunteer leader in 1954."

Ms. Stewart was sent to New Zealand as a visitor-observer in 1963. "I was selected by the national Girl Scout, Girl Scouts of the USA," she said. Later, she attended several regional conferences and was East San Gabriel Council President, 1964-66.

"Finally," said Ms. Stewart, "I got my present job."

Currently, she is the Spanish Trails Council's Public Relations Director.

"I'd been president for three

and a half years. A staff vacancy for a PR director came up and no one took it. Well, I mulled it over. Then I talked with my three vice presidents. We decided I ought to apply to the regional organization. I did and I got the job. I've been with it for five years now."

Concerning this job, she said, "My main duties are to give staff service to the public relations committee for developing policy, emphasis, plans and estimated expenses for the council PR services. I also have to see that specific PR events in the council plan of work are carried out. I prepare news releases and deal with the media. I work with a printer and consultants on art and layout form."

She paused for breath. "I guess you could say I definitely do a little bit of everything."

"Eventually, everything seems to fall back on the public relations department."

Ms. Stewart has definite opinions on scouting. "As I said before, the image so many people have is ridiculous. We're not some antiquated organization. We're one of the most modern in the country. Right now there's a lot of talk about equal opportunity and rights for our minority citizens. Well, the Girl Scouts is an organization that always has given everyone an equal

chance. It's part of our motto -- regardless of race, creed and color. That goes back to Juliette Lowe, founder of the Girl Scouts... and that was some time ago."

Aside from her interest in scouting, Ms. Stewart finds an outlet in politics.

"And that goes way back to when I was in high school," she said. "I was president of the high school student body at Chaffey. I was only the third girl to make that position and I beat the

captain of the high school football team. I think that shows you how gung-ho I was."

Ms. Stewart reflected a moment. "I am not a stay-at-home type woman," she said then. "My husband is an active man and I'm certainly an active woman. It works out. Maybe it makes us interesting. I don't know. I've always been a person who liked to get out and do things. I've felt that someone had to do the work, so why not me? It's just worked out. I do not lack things to do."

Campus Rites Announced

Ms. Pamela Marie Landreth and Arnold Wayne Hankins were married recently in Bridges Hall of Music, the Pomona College campus.

The former Ms. Landreth is the daughter of Mr. and Ms. E.A. Landreth of Upland.

Mr. Hankins is the son of Mr. and Ms. K.A. Hankins of Upland. The bride wore an empire gown of white chiffon and spider lace. Her mantilla veil was ed-

ged in matching lace and fell from a Juliet headpiece. She carried white roses accented with baby's breath.

Matron of honor was Ms. W. Landreth. Bridesmaids were Ms. Terry Hankins, M. Lirley and Marsha Miller.

Ralph Martinez was best man. Ushers were Ron Call, Tim Garr and Gary Miller.

The couple is at home in Garden Grove.

MS.

Let Men Do The Wash, Expert Tells Women

"Women should insist that husbands on occasion do the wash, clean the bathtub and lavatory and bathe the children," said Clifford W. Hamblin, newly-elected president of the American Water Works Association.

He added, "It will teach them things women have known for a long time about water. In running a house, it means more work when water is of inferior quality or in short supply."

The American Water Works Association, which Hamblin heads, is a nonprofit scientific and educational organization dedicated to the improvement of public water supplies.

"Water is almost universally safe," Hamblin said, "but it is not always as high in quality as is possible with today's technology. Women can play the deciding role in winning approval for programs for water improvement within their own community. All it takes to gain such improvement is public support."

Hamblin defined quality water

as free of turbidity and color, tasteless and odorless, soft and noncorrosive and nonstaining.

In a typical case, according to Hamblin, 3 cents per person per day is all it would cost to buy quality service and quality water in any community where it is now lacking. With such an increase, the annual water bill for the average family would still be only half of what it pays for gas, electricity, or telephone service.

"It makes a big difference in daily living if we have plenty of quality water on tap," he said. "Every woman knows that excessively hard water makes proper hair and skin care impossible. Every woman knows that water that is unpalatable to drink also makes unpalatable coffee and impairs the flavor of everything with which it is mixed -- such as soups, milk powder, frozen juices and gelatin desserts. Reducing water hardness and eliminating off-tastes are just two improvements a water utility can make."

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14 to 20... \$17.00

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Mens Double KNIT PANTS **\$9.88**
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100% Cotton Part Wool

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Beef Cuts The Mustard The Sudden Rise Of Granola

Whether for a patio party or just a lucky family, this roast of beef will delight and surprise its partakers.

A California technique is used to barbecue a roll of beef sirloin tip to savory perfection. It's the famous mustard and rock salt method of barbecuing which needs no fancy gadgets or equipment. It's so simple it can be done anywhere---at the beach---in the backyard---out camping---in the patio.

Take a choice rolled beef sirloin tip roast. Coat it with prepared mustard and pat rock salt all over in a thick covering. Then place it directly (yes, directly!) on a bed of hot coals. It roasts without benefit of grill, spit or hood. Most of the salt comes off in the coals when turning the roast, but the zesty flavor remains.

Your family and friends will love the taste. They'll benefit as always from the vital, life giving food nutrients found in

beef. Beef as merchandised in California is outstanding in protein, vitamins and minerals. And its satisfying flavor makes it no wonder that beef leads all other meat in American popularity.

4 to 5 pound rolled beef sirloin tip roast

3 cups rock salt

1 cup prepared mustard

Place sheet of waxed paper twice as long as roast on baking sheet. In center of paper spread a cup of rock salt in even layer about the length of roast. Spread top of roast lavishly with mustard and place mustardside down

on rock salt bed. Spread remaining mustard over uncovered surface of beef and pat remaining rock salt as thickly as possible into mustard. Fold waxed paper up and around roast.

Slide wrapped beef directly onto bed of hot coals. Roast 30 minutes, then turn beef and continue to roast 30 minutes longer. After turning, insert meat thermometer so tip reaches center of roast. When internal temperature registers 130 degrees beef will be rare to medium rare. Remove beef from coals and knock off any remaining salt. Serve hot or cold.

A natural, once-little-known-of "health food" gaining popularity is granola. Priced at about 55 cents per pound, granola is basically an oatmeal cereal. Grabbing a handful of granola can be devastating to the calorie budget, states University of California Agricultural Extension Home Advisor Sharon Higgins.

A typical ingredient listing in order of importance: oats, brown sugar, vegetable oil, wheat germ, sesame seed, salt and vanilla flavoring. Granola may also have nuts and/or coconut, honey, soy grits, lecithin, brewer's yeast and other flavoring.

One ounce must have at least 150 calories and possibly more, compared to the 100 calories in an ounce of the average prepared cereal. Nutrition-wise, granola would be rich in protein and the B-vitamins like any other high protein cereal, except that other cereals do not contain added oil, adds Ms. Higgins.

The flavor and crunchiness of granola results from the brown sugar and from its being toasted with oil.

Watch out for those granola calories! Most people don't weigh their cereal nor their snacks. Granola is a compact and very

concentrated food. An ounce measures out to be only about four tablespoons. In a cup you would get a whopping 600 calories, or more, if nuts, honey or coconut were included.

You can save some money and calories by making your own. Here is a recipe that is lower in calories than the granola you buy because it has no oil:

In a rimmed baking pan (about 10" by 15") combine 3 cups rolled oats (quick cooking type), 1/2 cup wheat germ (unsweetened), 1/4 cup sesame seed, 1/2 cup flaked coconut (if desired).



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CHUCK POT ROAST **USDA CHOICE** **59¢** 1 lb.

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SUPREME QUALITY -- FULLY-COOKED

SMOKED PICNICS LEAN - MEATY TASTE LIKE HAM **53¢** 1 lb.

PRE-CARVED SMOKED PICNICS 63¢ LB.

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PORTERHOUSE STEAKS TAILS REMOVED **USDA CHOICE** **1.69** 1 lb.

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ARMOUR MIRA-CURE 12 OZ. PKG. SLICED BACON 69¢ PKG.

FRESH CATFISH \$1.09 lb. **FRESH FILLET OF TRUE COD** 1.29 lb.

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DELICATESSEN THE FRESHEST AND LARGEST SELECTION OF IMPORTED & DOMESTIC MEATS & CHEESES

FARMER JOHN LUNCH MEATS HAM ROLL COTTO SALAMI BAY BOLOGNA 6-8 OZ PKG SAVE 17¢ **3/100**

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LA COLONIAL CORN TORTILLAS Large Fresh (12 pack) **10¢** A BIME GORE FARI

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BACK TO SCHOOL FRUIT AND VEGETABLE SPECIAL DOWN GO PRICES

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FARM FRESH FANCY ITALIAN SQUASH **19¢**

S&W OR DEL MONTE CORN **19¢** 303 CAN

SAVE 6¢ Cream Style or Whole

METRICOLA THE DELICIOUS BEVERAGE **5¢** RET. BOTTLES

12-OZ. 6 PACK **29¢**

PILLSBURY 17-OZ. **33¢** ASS'T PKGS.

CAKE MIXES

Bell Brand Variety 16-CT. **69¢** SAVE 20¢

POTATOE CHIPS

Don The Beechamber ASS'T **19¢** 12 OZ.

COCKTAIL DRINKS

NESTLE'S QUICK 2-LB. **69¢**

NO. 00 STRAIN

LIQUOR DEPT.

Royal Carriage Premium Blend WHISKEY 3.29 5th

REG. \$3.59 SAVE 30¢

SCOTS LION IMPORTED SCOTCH WHISKEY 3.79 5th

SAVE 20¢

F&G VODKA or GIN VODKA-CHARCOAL FILTERED GIN EXTRA DRY **3.09** 5th

SAVE 20¢

BUDGET SAVER SPECIAL

EGGS LARGE AA

WITH ONE FILLED BLUE CHIP SAVER BOOK

BUDGET SAVER SPECIAL

TIDE DETERGENT GIANT SIZE

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FOOD

Dr. Warns Athletes Against Fad Diets

A nationally recognized physician has warned high school and college football players against associating special diets with power and strength.

Dr. Lawrence M. Hursh, M.D., University of Illinois health service director, said recently that young football players frequently distort their eating habits, and as a result, their health, to fit a particular position on the team.

"A number of athletes believe they need high protein diets, so they start eating meat like crazy. Special diets such as these have no effect on athletic performance," said Dr. Hursh.

"Special supplements, wheat germ, tiger's milk, all of this sort of thing that some coaches encourage may have some kind of psychological advantage for a boy," he said. "But it can also be dangerous to delude him with notions, not based on scientific fact, that these foods may have some special effect."

Peak performance, he contends, is best achieved through a diet providing enough calories to meet individual energy needs and a proper balance of protein, carbohydrates, fats, vitamins and minerals. Such a diet has been devised by the U.S. Department of Agriculture.

Seniors Alerted To Food Programs

A campaign is now under way in California to locate older people on small fixed incomes who may be unaware that they are eligible to buy food stamps or take advantage of other food assistance programs.

David Baxter, executive director of California's Commission on Aging, said today that his agency is working with the Social Security Administration and local units of the American Red Cross in support of a nationwide search, termed "Project FIND", to insure that every older person who is entitled to

participate in food assistance programs is aware of them and knows how to apply.

"This is a short-term, 90-day project," Baxter said. "We're concerned that many of our older citizens on small incomes don't always have enough money for food and consequently may be suffering from malnutrition. California has two programs. Through one, people can buy food stamps worth more than the money they pay for them, then use them as cash in any food store. Through the other program, surplus foods are given

free to people in need."

Baxter said that a pamphlet describing these programs has been distributed to everyone receiving a Social Security pension, together with a return card for the convenience of those wishing further assistance. The American Red Cross is contacting those who send in cards to help them sign up for food assistance, he said.

The Commission on Aging is helping by contacting all agencies with whom it has contractual agreements asking them to help the Red Cross by providing vol-

unteers to locate people who may be eligible but have not responded to the offer.

"We are especially concerned that many older people may be reluctant to come forward because they imagine the food stamp program is a welfare or charity service," Baxter said. "They don't have to be qualified for public assistance to participate, although there are income limits. We want to be sure that everyone who is eligible is aware of this opportunity to buy more and better food without spending extra money. If they have very little money, they can get the food stamps free."

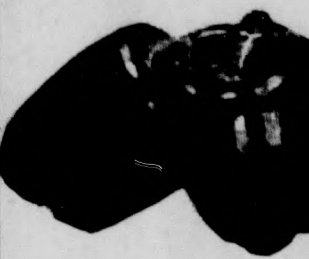
Anyone who may be eligible and wishes to apply or get further information should contact the nearest Social Security Office, Baxter said.

CH IS PLANNING A S-U-R-P-R-I-S-E FOR YOU!!!
WEEK-Don't Say We Didn't Warn You-WATCH AND SEE!!!

GROWN
MEAT
ACHES

19

LARGE THICK
MEAT



BELL
PEPPERS

19

19

NEW CROP
CALIF. CRISP



LARGE GOLDEN
DELICIOUS
APPLES

19

DOLE
BANANAS



12

Chicken Meal In One Pot

Cuban Chicken Fricassee
2 broiler-fryer chickens, cut up

- 1 tsp. MSG
- 5 cloves garlic, minced
- 1 onion, chopped
- 1/2 green pepper, chopped
- 2 15-oz. can tomato sauce
- 4 bay leaves
- 1 tsp. cumin seed
- 1 1/2 tsp. dried leaf oregano
- 1 cup raisins
- 1 cup stuffed olives
- 2 tsp. oil
- 1 tsp. vinegar

Place chicken in a large deep skillet or saucepan. Add MSG, garlic, onion, green pepper, tomato sauce, bay leaves, cumin, oregano, raisins, olives, oil and vinegar. Cover and bring to a boil. Turn heat low and simmer 1 hr., turning chicken occasionally. Remove chicken to a platter and serve with the sauce and rice.

Makes 6 to 8 servings.

SAVE 13c

COLA
CIOUS
AGE
RET.
BOTTLES
PACK

SAVE 10c

ZEE
PAPER TOWELS

25c

170-CT. ROLL

SAVE 8c

BANQUET
MEAT PIES
BEEF - CHICKEN -
TURKEY

15c

8-OZ. PKG.

Variety

9c

SAVE 20c

E CHIPS

BILTMORE

12-OZ.

29c

CAN

Sandwich Loaf

GLOBE A-1

1 1/2-OZ. ENV.

10c

Spaghetti Sauce Mix

AMERICAN

125

9c

FACIAL TISSUE

Van de Kamp

69c

HALIBUT

GLOBE A-1

1-LB.

19c

SPAGHETTI

SAVER SPECIAL

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TERGENT

ANT SIZE

BUDGET SAVER SPECIAL

NABISCO

OREO COOKIES

15-OZ. PKG.

WITH ONE FILLED BLUE CHIP SAVER BOOK

BUDGET SAVER SPECIAL

OSCAR MAYER

ALL MEAT BOLOGNA

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WITH TWO FILLED BLUE CHIP SAVER BOOKS

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tastes so good. it's hard to believe it's so good for you.

SPECIALS - Sept. 6-10

Rosettes 43c

Coffee Cakes .Pg. of 4, Reg. 49c

Bran 39c

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Lemon Coconut \$1.39

Cake .Pg. of 4, Layer, Vol. \$1.89

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ONE COUPON PER ADULT CUSTOMER

COUPON GOOD SEPT. 7 - 13/14

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WHITE OR WHEAT

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LOAF

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COUPON

PETER PAN JUMBO 28-OZ. JAR

PEANUT BUTTER

79c

LIMIT ONE WITH THIS COUPON - 9/7-9/13

BILL'S RANCH MARKET

COUPON

TOWERS BRAND IMPORTED GRUYERE CHEESE

8-OZ. BALL

39c

PK.

LIMIT 3

ONE COUPON PER ADULT CUSTOMER - GOOD 9/7-9/13

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COUPON

CHECKER BOARD FARMS GAME HENS

GRADE "A" - More Meat to a Pound

LARGE 22-OZ.

75c

ea

LIMIT 3 WITH THIS COUPON - GOOD 9/7-9/13

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Some people would have you believe that saving money is a disservice to the economy of this country. Nothing could be further from the truth.

Your money is loaned out to build new homes and churches and shopping centers, and low-cost multiple dwellings.

And that means jobs. Jobs for carpenters, bricklayers, plumbers, road-builders, painters and a host of other occupations. Jobs for the people who cut the timber, make the bricks, manufacture the plumbing materials and paint.

The list is endless. It goes on and on. Your savings working to build the economy while they are building for your future.

It has been estimated that every dollar provided by a Savings and Loan creates four dollars of new economic activity. As a result, the \$38 billion we loaned in mortgages last year generated \$152 billion in the economy.

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JENKINS COUPON

XX Big G—(12 oz. box)

TOTAL CEREAL **45¢**

with coupon, limit 1 coupon per family

JENKINS MARKETS, SEPT. 6 TO SEPT. 12

JENKINS COUPON

XX Lux (32 oz.)

LIQUID DETERGENT ... **49¢**

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JENKINS MARKETS, SEPT. 6 TO SEPT. 12



IT'S DOUBLE B.T.S.*

Back To School with Budget Time Savings...

Jack and the Beanstalk VEGETABLES

★ Cut Green Beans ★ Sliced
Green Beans ★ Sweet Peas
★ Sliced Beans ★ Sliced Pickled
Beans

Your Choice

5 F \$1
0 R 303 can

Kraft (16 oz.) DRESSINGS

★ French, ★ French Miracle,
★ Italian, ★ Golden Caesar
★ Catalina, ★ 1000 Isle

Your Choice

59¢

Globe A-1 SPAGHETTI

1 lb. pkg.

4/88¢
(2 lb. pkg. 43¢)

Bell Brand (16 count) VARIETY PACK

79¢

Weber's (1 1/2 lb. loaf) ENRICHED BREAD

3 F \$1
0 R

Oberti Giant Pitted

RIPE OLIVES

(300 Can)

3 F \$1
0 R

ALL
LOW SUDS

DETERGENT

King Size

\$1.79

Johnson's Raid ANT & ROACH KILLER

15 1/2-oz. aerosol

79¢

Hungry Jack
(16 oz.-24 servings)

MASHED POTATOES

59¢

WE DO NOT
SELL TO
DEALERS

Northern TOWELS

29¢
Big Roll

HI-C DRINKS

29¢
all flavors
46 oz.

Folger's COFFEE

1 lb. can **85¢**
(3 lb. can \$2.39)

DRIVE DETERGENT

(King Size) **99¢**

TOP QUALITY MEATS

CHUCK STEAK

59¢
lb.

Swift Premium
or USDA
Choice

Farmer John Country Style

SPARE RIBS

69¢
lb.

SEVEN BONE ROAST

69¢
lb.



Swift
Premium
or USDA
Choice

Fresh Young USDA Grade A

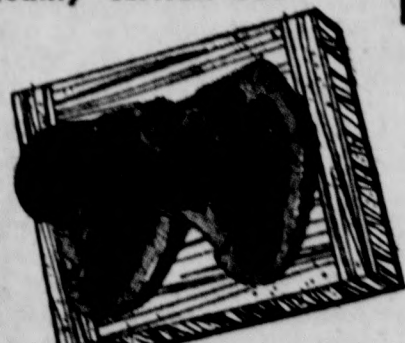
HEN TURKEYS

45¢
lb.

Farmer John Eastern
Quality CENTER CUT

PORK CHOPS

89¢
lb.



USDA Inspected Fresh Young

FRYING CHICKEN

BREAST
QUARTERS

39¢
lb.

USDA Inspected Fresh Young
FRYING CHICKEN
(Leg & Thigh) Quarters

43¢ | Swift Premium or USDA Choice
ROUND BONE ROAST **79¢**

Swift Premium or USDA
Choice English Cut
ROAST BEEF

89¢ | Fresh Sliced
Young Tender
BEEF LIVER

69¢

Mr. Boston-Frozen Breaded
FISH STICKS
(2 pound pkg.) **\$1.19**

MAZOLA CORN OIL
quart **79¢**

Pine Sol Foam
AEROSOL BATHROOM
CLEANER
17 oz. aerosol **59¢**

Johnson's Big Wally
WALL WASHER (24 oz.) **\$1.39**

Mrs. Butterworth
SYRUP (24 oz.) **59¢**

PAMPERS (12 count)
(New Toddler Size) **98¢**

Betty Crocker (23 oz.)
FUDGE BROWNIE MIX **49¢**

Gold Medal (5 lb. bag)
FLOUR **59¢**

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ORANGE SLICES OR
GUM DROPS 2 lb. pkg. **49¢**

Golden Krust (16 oz.)
CINNAMON LOAF or
BANANA NUT BREAD **59¢**

Arden
COTTAGE CHEESE Pint **37¢**
Quart **69¢**

Folgers 10 oz.
INSTANT COFFEE **\$1.49**

Softweave
(2 roll pkg.)
BATHROOM TISSUE **4 F \$1.00**

— Liquor Dept. —

CANADIAN MIST
WHISKEY **\$5.59** quart

Annie Green Spring
COUNTRY CHERRY, BERRY FROST **95¢** fifth

Pabst Blue Ribbon
BEER (24-12 oz. bottles) **\$4.36**

Van de Kamp's
tastes so good,
it's hard to believe
it's so good for you.

SPECIALS—Sept. 6-10

Rosettes **43¢**
Coffee Cakes 43¢
Bran **39¢**
Muffins 39¢
Lemon Coconut **\$1.39**
Cake 4 Layer, Val. \$1.50

Van de Kamp's

Frozen Foods

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How To Be Unpopular With The 'Common Housefly'

Of all the insects in the world, *Musca Domestica* is probably man's greatest enemy. It transmits disease and death, buzzes and bites and yet, is so common it is almost taken for granted.

The housefly carries an average of 1,250,000 bacteria but can carry 500,000,000. It may be flying around your dinner table tonight but can be as far as six and a half miles away tomorrow.

Flies may spread dysentery, summer or infant diarrhea, typhoid fever, tuberculosis, trachoma. Bacillary dysentery -- a disease of the intestines -- is more prevalent in the summer when the fly population is the greatest.

It has been proven that fly-contaminated milk may lead to fatal cases of infant diarrhea. The common housefly can spread typhoid fever by picking up the germ from unsanitary toilet facilities used by a victim of the disease or an unsuspecting "healthy" carrier.

Trachoma blinds scores of people in Africa in epidemics spread directly by flies. This eye disease is rare in the United States but a number of Americans are victims of a highly contagious eye infection called conjunctivitis (or "pink eye") which can be the forerunner of trachoma if uncontrolled.

Just how these tiny insects can be so efficient as disease carriers is the result of their "special equipment" seemingly designed for this purpose.

The fly's six feet are equipped with bristles and sticky pads and his proboscis (nose) is hairy, so that germs and filth are readily collected. Then, all the fly has to do to transmit the infected material is to land on

you, on your food, or on the things you touch. Secondly, he deposits infected material he has eaten through his wastes -- which we call "flyspecks."

The fly's built-in method of carrying germs and filth with ease is only part of its remarkable construction which, ironically, almost mirrors that of the man doing the swatting and spraying.

For instance, did you ever get the feeling when wielding a swatter that the fly not only can outmaneuver you but it's mad? According to Dr. Vincent G. Dethier, zoologist-psychologist at the University of Pennsylvania, the fly probably does feel anger and to a degree exhibits motivated behavior like higher forms of life. The fly has a brain, is able to learn and feel pain, states Dr. Dethier.

"Their tiny brains have all the nerve machinery necessary for kinds of behavior once believed possible only with the complex brain of vertebrates," he says.

No doubt one of the few authorities on fly brains, Dr. Dethier has been researching this field for the past 16 years. He has performed operations under a microscope and, using brain-wave recorders and machines that measure tiny changes in body chemistry, has produced convincing evidence that flies are "not merely unfeeling machines."

Fly brains, weighing only 28 millionths of an ounce, are simple and yet basically the same as the human organ, he states.

No one has come up with a tranquilizer for flies but the day may not be too far away as it has been determined that flies also suffer from stress. When the fly is stressed (and com-

paring the size of a flyswatter to a fly, who wouldn't be?) its endocrine glands secrete chemicals into the blood that cause a rise in heart rate, just like adrenalin in man. Brain-wave recordings show its brain has an electrical activity that varies with the kind of activity in which the fly is engaged.

Dr. Dethier has even gathered evidence on the memory span of the fly. If you don't get him in two minutes (his memory duration) try again later. He will have forgotten you and your swatting right arm.

It appears to be possible to do any surgery with flies that is possible with higher animals including transplanting a brain from one fly to another.

The common housefly has some interesting relatives. Robber flies (Asilidae) prey on other flies, flies in the Eristalis, Syrphus and Bombyliidae families suck nectar, the Drosophila and Trupanidae keep busy fermenting fruit.

Horseflies, houseflies, black or green flies, crane flies, tsetse flies and gnats are all common types. Some fly only at dusk and dawn, some like hot sun, some prefer open spaces, others jungles, swamps and dry spots.

In the air, the fly is remarkable with its pair of organs

(halteres) that act as gyroscopes to help elude you.

The fly is also remarkable in the number of ways it lays its eggs. The crane fly digs a hole, using as a pick her pointed abdomen. One fly places its eggs on the fur of an animal and when the animal licks itself, the eggs are swallowed and hatched within its stomach. Bee flies lay their eggs on flying bees to feed on food meant for young bees. The metallic blue or green blowfly is often seen in houses but is much larger than the housefly. The female blowfly looks for meat and other food on which to lay its eggs. Some of these flies can cause great pain and sickness if they are swallowed by man.

A fly in the larval stage can live in oil, mud or the stomach of a horse. By hardening its own larval skin, it becomes a pupa, staying inside till ready to emerge as a mature fly.

Anything around supplies an adequate diet for the fly including garbage, manure or refuse. Its sucking mouth is shaped like a funnel turned upside down. The fly uses this tube (proboscis) like a straw. It can also eat small bits of things by wetting them first with a little saliva. Fortunately, the proboscis is too soft for the housefly to bite.

As most people know, it's a different fly world when it comes to horseflies and deer flies. The stable fly has often been called the "biting housefly" -- he looks like the housefly but has a hard piercing proboscis for sucking blood.

Don't laugh. Research work at the University of California, Davis, indicates that the complete elimination of the housefly is possible if a widespread campaign of chemical sterilization is undertaken.

The idea goes back to the early 1950's when the United States Department of Agriculture, which is still involved in this work, started a project to eliminate the screw worm fly from the American southwest by x-ray radiation.

The radiation process involved the rearing, sterilization and release of male flies to compete with males of the natural population. When the radiated males mate with the females, they also sterilized the females permanently. This eventually eliminated the screw-worm from the southwest.

One of the problems of using this technique to eliminate the housefly is a major one -- the scientists have been unable to mass produce male houseflies for sterilization because it's so hard to tell the male from the

female. Another point-of-view held by some scientists is that the consequences might be far-reaching if the fly becomes extinct. Nature has a delicately balanced scheme and how important is the role of the fly? Is his role vital to man?

A Davis scientist explains it this way, "I question if it is advisable to eliminate a species of anything. We know frogs eat flies but we don't know what would happen if we eliminated houseflies from the environment."

Regardless, the U. S. Department of Agriculture recently reported what could be a major victory on the war with flies. They have created a very special strain of flies. When in their larval form, they are exposed to temperatures of 92 degrees Fahrenheit or above, only the males mature. They can then be collected, sterilized by exposing them to radiation and set forth to mate with unsuspecting females.

The catch of the program is turning loose more flies. And, who's to say whether or not the female fly will fraternize with this special breed?

While the scientists debate the answer, we're going to stick with the old-fashioned method -- but, please don't use this newspaper!

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- Store unused food and wipe up spilled foods immediately.
- Keep your bathroom spotless.
- If you have animals, manure should be disposed of at frequent intervals.
- Spray walls, ceilings, refuse cans and other places where flies rest with insecticides. Be sure to use sprays with care and judgment.
- Remember, no chemical will take the place of good sanitary practices.

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VIDEO SCENE

Why President Nixon Turned Us Off

It is not easy to alienate 203 television stations and most of their audiences with one swirl of a ballpoint pen.

President Nixon did it with aplomb recently by vetoing a two-year, \$155 million public television appropriation bill which authorized \$65 million in fiscal '73; \$90 million in '74.

Nixon urged adoption of a measure allotting a single-year appropriation of \$45 million.

Meanwhile, financially frail public television, available to 75 percent of the U.S. public, and 470 public radio stations, are wobbling along on a continuation of the '72 funding rate (\$35 million a year).

Pending passage of the President's proposal or an override of the President's veto, public television is grinding to a stall. Why would the President wish to vex a large bloc of evocative voters only four months before election day?

It wasn't to ease the U.S. taxpayer's burden. The \$20 million saving is a mere piddle in an economy that swims in trillions.

The President, rather, was ex-

pressing fear of several phases of public television. He warned that public television was creating "a center of power," referring to the Corporation for Public Broadcasting, which distributes government appropriations.

The President, ironically, has influenced that "center of power" by appointing or reappointing 10 of its 15 board members.

The President raised philosophical questions as to whether public TV should even present public affairs and network type news programming. Public television never has attempted network-type news programs, but its documentary and analysis programs have hit at the President particularly on Vietnam, Pentagon and FBI issues.

A president can't directly restrain commercial television if commercial television needles him, but he can effectively strangle a public television system set up as limply as ours, always vulnerable to prevailing politicians.

Mr. Nixon is our No. 1 prevailing politician. He has elected to apply a stranglehold, seem-

ingly fearful that an unbridled system, reputedly dominated by the liberal "Eastern Establishment," would tend to do him wrong, if not do him in.

Ergo: Mr. Nixon decided it was better to antagonize 203 television stations, etc., than grant them extensive funds in a package that also rewarded a central clique of effete snobs bent on crippling him with sniper fire.

You can't blame him. Sen-McGovern, if fearful that a conservative eastern establishment were gunning for him through control of public television, might take comparable budget-getting, punitive action. It is not a politician's nature to feed the hand that bites him.

Personally, I suspect the President was ill-advised, that he was given inaccurate or incomplete information, that someone on his staff was suffering paroxysms of paranoia.

The Senate passed the two-year appropriations bill 82-1 (William Buckley's brother James was the lone dissenter), the House 256-69. Presidential

adviser Dr. Clay Whitehead predicted the President would not be inclined to refuse the wishes of Congress. What happened?

Suggestion from Rep. Robert Tiernan (R) of Rhode Island: "The administration looks at public television as a Frankenstein."

The Carnegie Commission in 1967 recommended long-term financing insulated from politicians through an excise tax on the sale of TV sets. President Johnson in 1968 requested enactment. Politicians have been blocking it ever since.

Meanwhile, Britain, Canada, Sweden, Japan and other countries provide "insulated" tax funds for public television systems. Political considerations are irrelevant.

FCC member Nicholas Johnson noted that if the U.S. supported public broadcasting with public funds as firmly as Japan supports its system, the U.S. would be spending \$1.8 billion a year. Mr. Nixon suggests \$45 million. For shame.

--Dwight Newton.

THE ARTS

Arts In Variety This Year At Cal Poly

Environmental awareness, wine and the consumer, D.H. Lawrence the military and social conscience, introduction to Bon-sai are just a few of the subjects to be offered this fall by California State Polytechnic University, Pomona through its extension program.

Extension classes will meet at various locations throughout the Pomona and San Gabriel valleys beginning the week of September 25 through 29.

Some of the more unusual courses to be offered include An Exploration of Alternative Lifestyles; Southern California Viewed as a Segregated Society; Learning Through Movement; Wine and the Consumer; and The Environmental Awareness Workshop.

An Exploration of Alternative Lifestyles will give students the chance to observe and participate in life at a commune, a retirement community, a yoga center, Synanon, and an Indian reservation--each for a day.

Southern California Viewed as a Segregated Society will examine economic class and ethnic-cultural relations in southern California especially as manifested in patterns of housing, occupation and education in the Pomona area.

Learning Through Movement will be designed to help teachers develop creativity through spatial and kinesthetic awareness, and body discipline, while learning to appreciate rhythm, music and ethnic backgrounds in dance.

Wine and the Consumer will cover wine from the vine to the table with emphasis upon wine and food. Class participants will

taste and evaluate a representative sampling of California wines against wines selected from the rest of the world.

The Environmental Awareness Workshop will be designed for science and social science teachers and sponsored through Cal Poly extension by the Metropolitan Water District of Southern California. The workshop will be conducted through field trips and on-site lectures covering water supply, nuclear-powered electric energy production, waste water reclamation, the production of a variety of agricultural goods.

More than 18 teacher education courses will be offered through extension and will cover a wide range of subjects including elementary classroom innovation and organization, prescriptive teaching and behavioral objectives; learning and behavior; the socialization of the child in education; game techniques and learning centers for elementary classrooms; speech and counseling skills for teachers; self-defense techniques for physical education teachers to teach; coaching psychology in athletics; "gadgets, gimmicks, and other goodies for teaching science"; teaching and understanding minority group children; developing materials for individualized instruction; community college teaching; learning patterns in early childhood; and conversational Spanish for teachers in multilingual school districts.

For further information, contact the education services office at Kellogg West, the center for continuing education, 714/598-4391.

Film Workshop Set At UCLA

For interested movie-goers as well as professional writers who would like to try doing it themselves, UCLA Extension will offer a new film-writing workshop on 12 Thursdays, Sept. 21 to Dec. 14, 7 to 10 p.m., in Room 178 Social Welfare Building at UCLA.

Titled "Film-Writing: The How and the Why," the workshop will analyze the five stages of film-writing - the idea, story, outline, treatment and finished screen-

play - through a study of works by contemporary screenwriters and screenplays from the Writers Guild of America.

Students will read and see Ingmar Bergman's "Wild Strawberries" and Federico Fellini's "La Strada." On alternate weeks, noted writers, directors and literary agents will lecture. Finally, each student will write the whole thing.

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ENTERTAINMENT

Reliving The Nifty Fifties. Dig It?

Sound Fete Sept. 10

Want to go back 15 years to the days of bobby sox and sweaters, rock and roll?

That's straight where Bill Ballance (KGBS-disc jockey) can take you Friday, Sept. 8, when he turns the Hollywood Palladium into a giant gymnasium for the "Bill Ballance Nifty Fifties Sock Hop."

Rock and roll revivals have been enjoying a lot of popularity recently, but the events have only featured the entertainers of the 50's. "That's only a small part of the colossal 50's extravaganza we have planned," said Ballance.

"We want to capture the full flavor of the 50's Friday night hops. You kids can come dressed greased or ivy league, leather jackets and low-slung levis or T-shirts and greased hair (crew cuts and flap tops also accepted)," he said, adding: "You kittens should wear those alluring pleated skirts, two-tone oxfords, pedal pushers with pony tails and especially those tight sweaters. We'll be awarding all kinds of prizes for the best outfits and the top prize for the best couple will be a luxurious weekend vacation for two at Murieta Hot Springs with Bill Ballance."

The evening's music will be supplied by Eddie Haddad and the Kanyon who will present a musical salute to the 50's. There will be many more musical surprises slated for the hop as well.

The Palladium "Gym" will be decorated with 50's memory flappers such as basketball hoops (with torn nets), crepe paper hung from the center of the room, furry dice, old 50's film posters and a real 50's D.J. to spin records when the band takes a break.

There will be hop contests and a prancing female porker's hula-hoop exhibition. Casey Kasem, simulcasting the old radio remotes, will be broadcasting from "Frank's Drive-In" where he will be giving away free burgers and cokes.

Dick Clark, recreating the old "American Bandstands" will introduce a host of five 50's stars

and they will all join in to lead a giant bunny hop down Sunset Blvd. and up Vine Street.

Meanwhile, back inside, Ballance has set a number of 50's rock and roll flicks and old 50's "American Bandstand" segments to be projected onto giant screens on the walls.

About mid-evening -- somewhere between Frank's burgers

and Dick Clark's hop--Ballance will tape a "live" segment of his popular "Feminine Forum" radio program with "current" 50's topics.

Tickets are available at all Liberty, Mutual and Ticketron outlets as well as Wallich's Music City and the Palladium box office.

Be There Or Be Square.

Radio station KWOW will sponsor an Art and Sound Festival, including a Battle of the Bands, art exhibits and softball game, in Ganesha Park Sept. 10.

Local musical groups wishing to compete in the band contest are invited to submit tapes to KWOW, Mills Ave. and Olive Road. Auditions to pick four finalists will be held in the Ganesha Park bandshell this Saturday. The competition is open to groups from Los Angeles, San

Bernardino and Riverside counties. The winning band will be awarded \$250.

An exhibit of paintings, ceramics, leatherwork and works in other media will be held. Local artists wishing to display their work may call KWOW, 628-5541, for instructions.

At 7 p.m. the KWOW disc-jockeys will play a softball game with the Diamond Bar All-Star girls' team in the Ganesha Park diamond.



BILL BALLANCE NIFTY FIFTIES SOCK HOP -- Hollywood Palladium, Friday, Sept. 8, 8 p.m. to 2 a.m. An evening of 50's reminiscence -- 50's music, 50's fads, 50's stars and 50's fun. Bop contests, dress contests, hula hoop fun, 50's rock and roll films and American Bandstands. Bill Ballance hosting with Dick Clark, Casey Kasem and a host of fave 50's stars.

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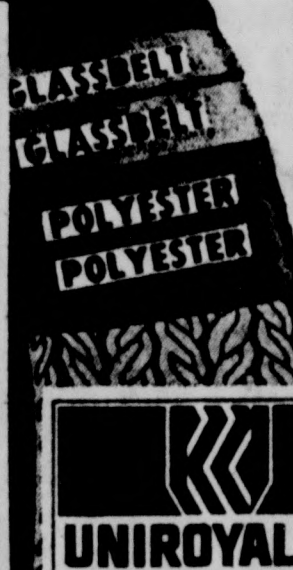
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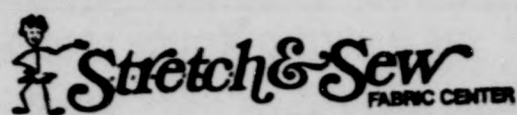
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Tradition held true again in the third California 500 Sunday at Ontario Motor Speedway.

The more familiar names like A.J. Foyt, Bobby Unser, and Joe Leonard dropped out the race with various problems while the lesser known names of the USAC circuit, Roger McCluskey, Mike Hiss, and Billy Vukovich stuck around to pick up the spoils of finishing 1-2-3 respectively in the prestigious race.

Plagued by an unusually high amount of yellow flags, the field then came to a halt on the 76th lap when a sudden downpour made it impossible to run safely.

After a brief delay of two hours, the race began again and only 10 of the 33 cars actually finished it—thus illustrating the point that the best car doesn't necessarily always win.

Sometimes it's the luckiest one.

McCluskey, like previous Cal 500 winners Jim McElreath and Leonard, ran cautiously until there was nothing to do but take first place and the \$127,609 jackpot that comes with it.

Actually, it didn't take long for disaster to strike the big name drivers. Johnny Grant, the race's fastest qualifier and the first man to ever break the 200 mile-per-hour barrier, exited before the green flag when his engine blew.

After that, everything fell into place for the likes of McCluskey and Co.

Obstacles, such as jackrabbits running loosely around the track during the race, contributed to presence of slow lap times and the pace car early in the race.

Two Grid Leagues

There will be a new look in Southern California Junior College football circles this fall with the realignment of two of its leagues -- the Mission and South Coast Conferences.

Two of the area's JC's, Chaffey and Mount San Antonio College will start fresh with their respective quests to reverse somewhat disappointing 1971 campaigns beginning when they opened two-a-day drills last Friday.

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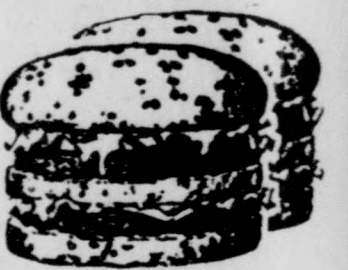
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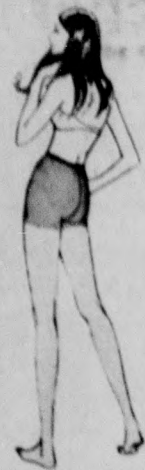
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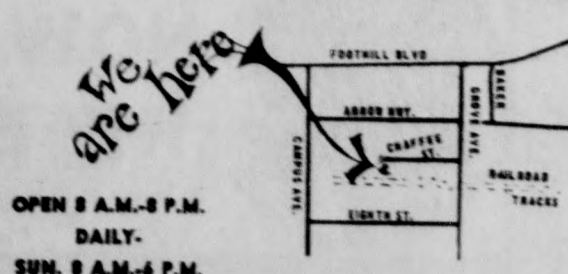
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2

News Of The Valley

Master Plans



San Dimas Hotel

Architecture Of The Pomona Valley

text and photos by john cooper

Whether you are searching for a church steeple made out of wood or a monolithic chapel or buildings with walls made of granite rocks, the Pomona Valley is one place to look.

Architectural styles here range from something out of Sir Walter Scott to a science fiction fantasy.

The buildings pictured are a sampling of various architectural forms in the Pomona Valley -- giving some idea of the influences now and in the history of Southern California architecture.

The Spanish-tiled house pictured is one of the oldest houses in Upland -- located at the corner of Baseline Rd. and San Antonio Ave. Its Spanish architecture is one form that has survived from earlier times to be used extensively in modern architecture.

The old tree-surrounded Car-ruther's mansion in San Dimas was built in the late 1800's but doesn't fit any one architectural style. It has some Victorian influences (the sharply pointed roof) but also looks like an old western hotel -- which is what it was built to be during the mining boom of the 1880's.

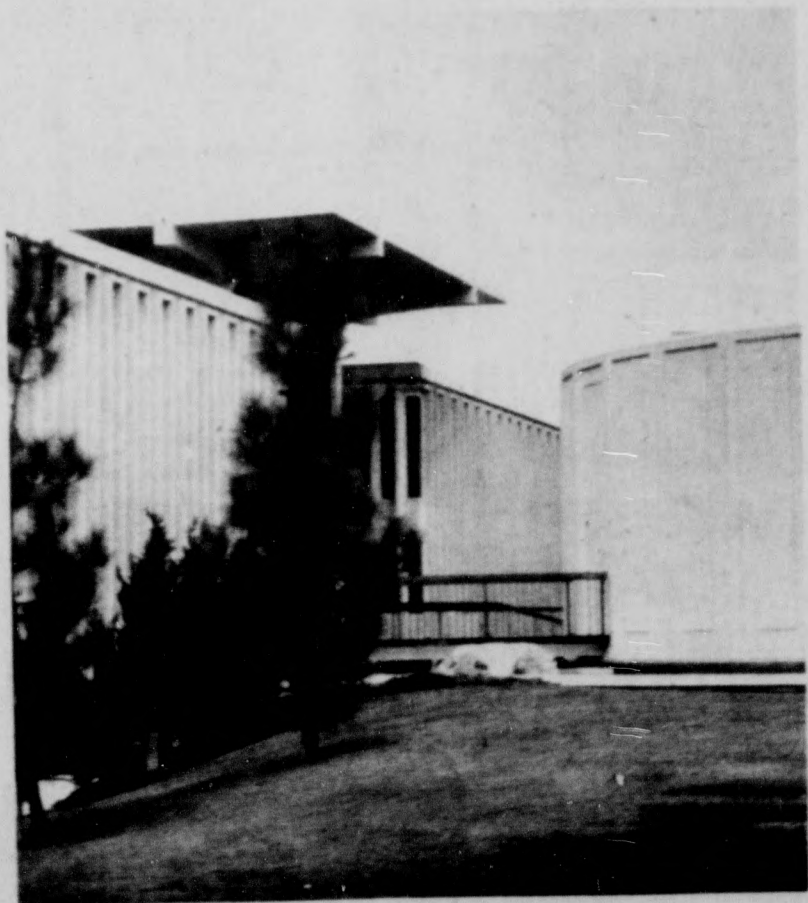
The three modern buildings pictured have a similarity in materials used that is not the case with the older buildings, but they also are somewhat different from each other in their lines.

The tall building is the new chapel at the Claremont Colleges School of Theology. Its long, narrow windows are stained glass. It is an angular building and its starkness gives it a kind of unreal effect.

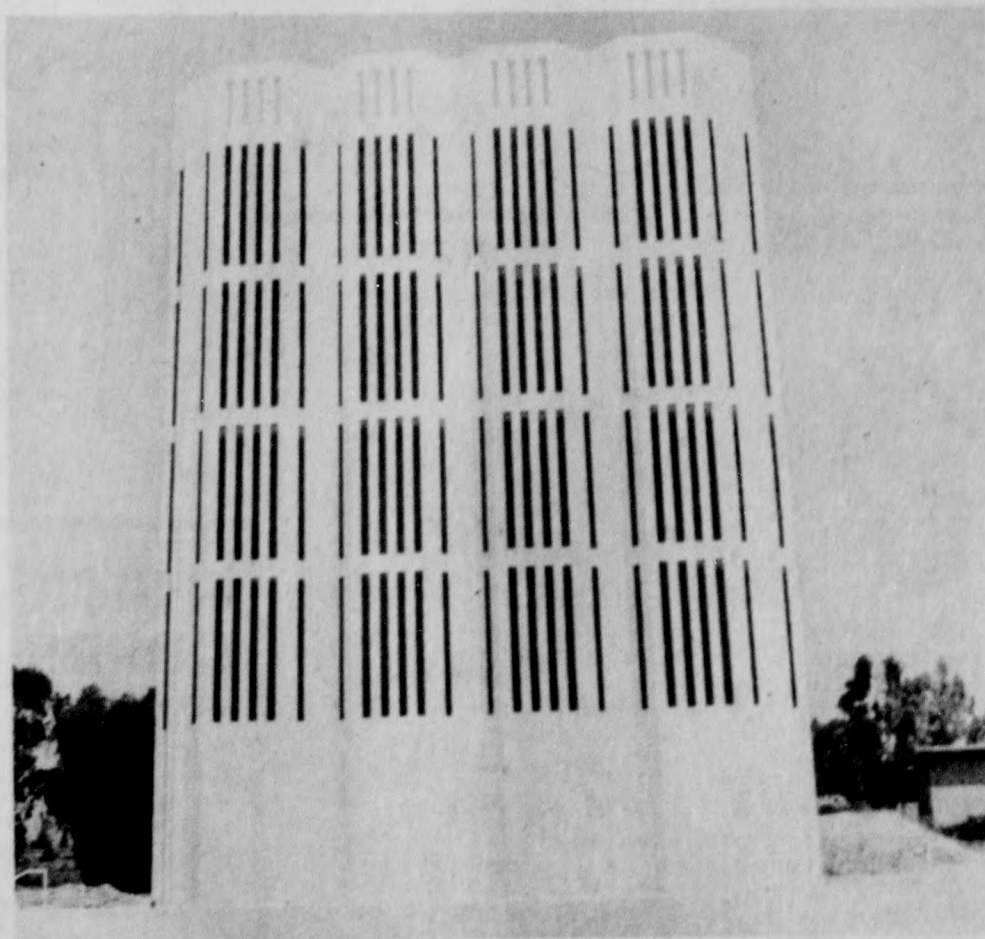
Vaulted windows and textured walls give a lot of character to the public library in Upland. The other contemporary style building is the Pomona Civic Center with its interesting juxtaposing of a round building and an angular one with the pleasant landscaping around them.



Spanish-Tiled Home In Upland



Pomona Civic Center



Chapel At The Claremont Colleges School Of Theology

Ms. In The Air; Up, Up And Away

Ruth Johnson started flying at 16. She stopped long enough to raise a family. Later, during World War II, she volunteered her time as a WASP (Women's Airforce Service Pilot). Today she owns and manages her own flying school at Chino Airport.

Ruth is just one of several women who prove that flying is no longer just a "man's field." Though women hardly dominate the sport, there are more of them testing their skills in the air. Says Ruth, "There are a lot more women flying now. Flying hasn't changed that much, but the airplanes are easier to fly. They're more sophisticated."

Ruth is a 20-year flight enthusiast. Her interest in flying developed early, and she worked diligently to pay for flight instruction. Her efforts have paid off.

She currently claims 10,000 plane hours and she has earned every possible aviation rating. Unusual? "Not really," says Ruth. "Flying is very relaxing. I feel safer in a plane than in a car. I don't go anywhere unless I fly."

Donna Freedman agrees. Donna has just earned her license at Cagle Airport in Upland, and though she has seen some half dozen women receive their licenses in the last two years, she admits she's an unusual case. "I'm really an exception," says Donna. "My husband taught me to fly, so I had a little leeway. It took me 65 hours to get my license but I could have done it in 40. It's just that I quit for awhile and had to pick it up again."

"Are there more women flying? Yes, because flying is becoming more popular. You can tell by the women you see around the airports. Five to six years ago, you never saw a woman flying."

Donna recalled one woman who learned to sport on her own initiative. The middle-aged woman wanted to surprise her husband. She took lessons, got her license and took off down the runway—much to her husband's amazement.

Donna also admits she'd rather fly than drive. "I feel much safer in a plane. It's a good feeling to take off for a weekend and be flying over the freeway at 150 m.p.h. without a car in front of you."

Most women fliers defend the safety of flying. They detect the fallacies about the danger of small aircraft. MSAC premed student and flyer, Cindy Lindeman, believes most of the danger talks are exaggerated. "Most of the things you hear about crash landings and airplanes are highly exploited. When you look at the percentage of automobile accidents in comparison to airplane accidents, auto accidents are a lot more prevalent."

"My aunt, Gini Richardson, has been in crashes and forced landings and she's always walked away from them. You always find a place to land."

Ms. Richardson runs a flight school in La Verne near Brackett Airport. She is recognized as an outstanding female pilot, having completed some 20,000 flight hours. She currently divides her time between crop dusting service in Yalcam, Washington and the flight school.

Ms. Lindeman recalls her first exposure to flying with her aunt. "My aunt used to take me flying when I was very young. She'd tease us, doing loops and spins in the air."

"My aunt first started flying when she lived in Texas, she was a teenager when she first went up. Then she paid \$8 an hour to fly. She only was earning \$12 a week, so she'd fly for an hour on Saturdays and save the rest of her money."

The costs have jumped from the price Ms. Richardson used to pay. Now it costs between \$16-35, to rent a plane, and up to \$1,000 for a complete pri-

vate course instruction. Flying is expensive, but according to the women who fly, it's worth it.

Says Ontario resident, Robin Perry, "No, flying's not cheap—but then it's relative. I think more women would fly if it wasn't so expensive. That's why you see so many middle-aged and over-40 women learning to fly. After their children are grown up, they're more willing to try flying."

Ms. Lindeman observed, too, the number of middle-aged women in the air. "Many of the younger girls are involved with their boyfriends. They don't feel they could commit themselves to flying. Yet so many of them love it once they try it."

Ms. Lindeman's free time is spent around the airports. Most of her good friends are in aviation. Her parttime job is as a bookkeeper at her aunt's flying school. She's thoroughly in love with flying. Why?

"Why? It's hard to put into words, but when you're up there, you're not part of the mass anymore. The world looks completely different. You have time for serenity."

Ms. Perry finds a sense of "detachment" in flying.

"You leave all your problems on earth. They're no phones ringing. You give your complete concentration to flying and push aside your problems."

"You find peace up there," she claims. "It's good for the soul. You discover that problems aren't as big as you think they are."

Ms. Freedman says flying has "changed her life." Her life now revolves around flying. "Whenever I pick up a book or magazine, it's an aviation book. It dominates your time. Yet you feel helpless because you can't possibly learn all there is to know about flying."

Flying is more than just a hobby to these women. It's a new way of travel. It's a challenge, a way to build confidence. A way to see those places you couldn't see by car.

Ms. Freedman frequently flies to Palm Springs for breakfast. Ms. Perry has seen Alaska, Mexico and Canada in her airplane. She just recently completed a three-day flight to Alaska with her family to visit relatives. She was the solo pilot—her husband doesn't fly.

Ms. Johnson has traveled extensively by airplane. All these women have flown. They all have witnessed the initial pre-flight fears and in-flight quivers. They have qualified as certified pilots. Do they consider themselves unusual to have mastered the flying techniques?

Ms. Perry insists that flying "is not a matter of sex. You learn to fly to enjoy flying. Sex has nothing to do with it."

Despite her beliefs, she still had to admit that the male competition was rough. Many of the flight instructors were young men, unwilling to teach older women. Says Ms. Perry, "I believe that women make better fliers. I did have a difficult time getting my license though. I had no encouragement from the male instructors. But I was determined enough to overlook their rudeness."

Ms. Freedman couldn't cite any differences, but felt that in general women have "fewer hangups" and put more faith in their instructors than do men. "I've never considered flying a 'man's field.' There always have been women pilots around but they've been in the minority."

Flying has not yet been dominated by women. Yet these women pilots are evidence that women are taking to the sky, earning their pilot's licenses, racing in competition flights, and opening the way for female flyers. It's not a matter of sex, but whether or not you can get a plane off the ground.

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TOILET TISSUE

2 ROLL PK.

389¢

FACELLE ROYALE

PAPER TOWELS

125 CT.

\$1.00

Boys JUNIOR Department STORE

These items available only in stores with Jr. Dept. Store section



**AMERICAN HERITAGE BOOK OF THE
PRESIDENTS & FAMOUS AMERICANS**

A COMPLETE HISTORY OF THE PRESIDENTS FROM
GEORGE WASHINGTON TO ROOSEVELT...

- Plus articles on famous Americans who have
influenced the nation's development
- With page after page of black and white
and color photographs and sketches.
- Of great interest to adults as well as an
invaluable aid to students.
- A marvelous value that no one should pass up.

49¢
EA. VOL.



HI BULK ACRYLIC & NYLON
GIRLS' & MISSES
**KNEE HI
SOCKS**

Assorted popular
shades. For
sizes 6 to 11.

79¢
PR.

PLASTIC & METAL DECORATED

**LUNCH
KITS**

With 1/2 Pint
Thermos Bottle

\$2.29
EA.

FULL SIZE 3 HOLE
NOTEBOOK
**FILLER
PAPER**

Wide or
college rule.
200 ct. pkg.

39¢

YOUTHS' & MEN'S
FLARE LEG — DRESS UP
JEANS

Assorted solids — fancies.
Values to \$12.00.
Waist sizes 29-36.

\$3.98
PR.

YOUR BOYS JR. DEPT. STORE HAS A COMPLETE SELECTION
OF SCHOOL SUPPLIES TO SATISFY YOUR EVERY NEED.

GINOS FROZEN PIZZA

Pepperoni, 19 oz. **98¢**

Cheese, 16 oz. **75¢**

Jr. Sausage, 6 ct. **98¢**

Jr. Pepperoni, 6 ct. **98¢**

Jr. Cheese, 6 ct. **89¢**

SUNSWEET

PRUNE JUICE

40 OZ.

71¢

PICTSWEET

FROZEN

Peas, 10 oz. **27¢**

Broccoli Spears, 10 oz. **37¢**

Chopped Spinach, 10 oz. **23¢**

Leaf Spinach, 10 oz. **23¢**

SIMPLYOT

FROZEN

Hash Brown Potatoes, 1-lb. **33¢**

Hash Brown Potatoes, 2-lb. **43¢**

Tri Taters, 1-lb. **33¢**

SWIFT'S

BABY FOOD

Mi-Meat Dinners, 4 1/2 oz. 5/5

Strained Meats, 3 1/2 oz. 29¢

BLUE MOUNTAIN

DOG FOOD

Home Style Stew—Chicken—
Liver and Egg, 15 oz. ... **5/5**



HOLT and
INDIAN HILL
POMONA

PUBLIC NOTICE

**CITY OF MONTCLAIR
NOTICE OF
PUBLIC HEARING**
NOTICE IS HEREBY GIVEN that a public hearing will be held before the Montclair City Council on Monday, September 18, 1972 at 7:30 p.m. in the Council Chambers, 5111 Benito Street, Montclair, California, concerning appeal of certain conditions connected with Conditional Use Permit No. 347 for use of the premises located at 9055 Central Avenue, Montclair. (Appellant - Mr. Harold Staw, representing Cloco Union Stores, Inc.)

Any person interested in the above proceedings may appear at the time and place indicated above and testify in favor of or in opposition to the appeal. All pertinent data may be inspected at the office of the Planning Director at any time prior to the public hearing. Dated this 6th day of September, 1972.

BARBARA D. WILLIAMS
City Clerk
Montclair Tribune No. 2279
Publish September 7, 1972

**NOTICE OF
TRUSTEE'S SALE**
T.S. No. 72-5708
On September 27, 1972, at 10:00 A.M., Federal National Mortgage Association as duly appointed Trustee under and pursuant to Deed of Trust dated December 17, 1969 recorded December 30, 1969, as inst. No. 246, in book 7365, page 113, of Official Records in the office of the County Recorder of San Bernardino County, State of California WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH (payable at time of sale in lawful money of the United States) at the main entrance to the County Courthouse, in the City of San Bernardino, California all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as: Lot 1, Tract No. 4813, as per plat recorded in Book 63 of Maps, pages 42 and 43, records of said County.

The street address and other common designation, if any, of the real property described above is purported to be: 8889 Comet Street, Cucamonga, California 91730

The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein.

Said sale will be made, but without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, to-wit: \$16,738.35, with interest thereon, as provided in said note(s), advances, if any, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust.

The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located.

Date: August 18, 1972
FEDERAL NATIONAL MORTGAGE ASSOCIATION as said Trustee,
By I. Belasco
Authorized Signature
Cucamonga Times No. 1678
Publish August 31, September 7, 14, 1972
30718

**FICTITIOUS BUSINESS
NAME STATEMENT**
ORIGINAL FILED
AUG 30 1972
V. DENNIS WARDLE
COUNTY CLERK
The following person (persons) is (are) doing business as: SIDE WINDER MFG. at 699 E. A St., Upland, Calif.
Everett B. Willey
502 St. John
Placentia, Cal.
Linda K. Reeves
15046 Valley
Fontana, Calif.
Linda L. Dukate
334 Jacaranda
Fullerton, Calif.
/s/ Everett B. Willey
This statement was filed with the County Clerk of San Bernardino County on AUG 30 1972

FILE NO. 6603
EXPIRES Dec. 31, 1977
Upland News No. 4417
Publish September 7, 14, 21, 28, 1972

**FICTITIOUS BUSINESS
NAME STATEMENT**
The following person (persons) is (are) doing business as: Blanche's Fashions (Apparel) at 613 N. Oceanbluff Ave., San Dimas, Calif. 91773
Aurora Silveira
613 N. Oceanbluff
San Dimas, Calif. 91773
This business is conducted by an individual.
/s/ Aurora Silveira
DOCUMENT, FILED
LOS ANGELES COUNTY
AUG 10 1972
OFFICE OF COUNTY CLERK
CORPORATION DIV.
San Dimas Press No. 3043
Publish August 17, 24, 31, September 7, 1972
72-20411

Skippy
Dog & Cat Food
10 cans for 99¢

Jergens
Bath Soap
10 for 99¢

Thrifty
DRUG AND DISCOUNT STORES

A+ Di
BACK TO SCHOOL

THRIFTY'S OWN PRICE SPECTACULAR!

\$8.99 Custom Framed 2 ft. x 4 ft. Reproductions of Famous Oil Paintings

Now at savings of almost 1/2—a selected series of embossed reproductions of original oils in mural size subjects by contemporary artists. Each with grained 2 1/4" contoured molding in traditional or contemporary finish for every home—each with color coordinated mat of velvet or textured material.

\$4.97

59¢ Value! 8x10-Inch Ready-to-Frame Prints

All beautifully reproduced—you're sure to find your favorite artist here. Ready to frame!

37¢

• \$4.99 Value! 8x10-In. Frames. \$3.99

\$4" to \$5" Values! Decorator Pieces for the Wall

\$3.99

Create your own conversational wall decor with decorator reproductions of hand carved figures and framed accent mirrors—all at one low price! Choose from 29 1/2" Saints with wreath or musical instrument, 23" Knight Shield wall plaque, Mediterranean & Baroque frames mirrors, many more!

New! Wrought Iron & Walnut Look!

Reg. \$29" All Metal Mediterranean Hutch Units

• 6 Shelf Style
• 70 Inches High

\$19.93

A fantastic Thrifty buy on one of today's most popular furniture piece. Hutch is 70" high, 24" wide with 3—12" deep shelves and 3—16" deep shelves. Steel construction with walnut finished shelves, hammered look sides. Use 2 or more together for a really smashing look!

Reg. \$3" Teflon® 10 In. Fry Pans

\$1.97

Heavy steel with Hard Coat Teflon II interior porcelain exterior in Avocado or Gold.

Household Brooms & Sponge Mops

\$1.08

Your Choice

Sturdy grass brooms with corn edge and metal head sponge mops built for service.

THRIFTY'S OWN PRICE SPECTACULAR!

\$34.94 Solid State Cassette Recorders

\$19.97

With AC Adapter, Dynamic Step-Start Mike & Batteries

Quality "Mayfair" cassette recorder features 8 solid state devices, an automatic volume level control and ejector button. Cartridges snap in and out instantly... fingers never touch tape. You'll get perfect volume with this budget priced model 713-AC.

Dixie Cup Dispenser

with Purchase of **Bufferin**

FREE

Bottle of 100 Both for **99¢**

Schick

\$1.26 Value!
77¢ Pack of 4
Schick Super Chromium Injector Blades and 49¢ Bic Accounting Pen Both for **59¢**

59¢ Mr. Paul® Hair Spray

44¢

13 Ounce

• Super Hold
• Regular

Comparable to hair sprays selling for much more! Thrifty's own!

\$1.49 Tampax Tampons **\$1.18**

Box of 40: Super or Regular with Free Purse Container

\$2.39 One-A-Day Multiple Vitamins **\$1.88**

Bottle of 100

\$1.22 Allerest Tablets **88¢**

Box of 70: Johnson & Johnson Plastic or Shear-In Acid Stays

83¢ BAND AID Bandages **59¢**

18 Ounce

\$1.23 Micrin Mouthwash **77¢**

Eye Drops

\$1.39 Murine Clear Eyes **99¢**

6 Ounce: Regular or Unscented

91¢ Dial Anti-Perspirant **68¢**

18 Ounce: Vaseline

\$1.09 Intensive Care Bath Beads **78¢**

Adult Double Duty

69¢ Pro Toothbrushes **34¢**

4 Ounce Shampoo

Life Lemon Gleamer **82¢**

1 Ounce

No More Tangles Creme Rinse **99¢**

By Johnson & Johnson

Pack of 12

Preparation H Hemorrhoidal Suppositories **\$1.18**

LIQUOR DEPT. & TOBACCO DEPT. BUYS

Johnny Magee

Fifth Gallon

Scotch

\$3.66

LIQUOR SPECIAL

Distilled & blended in Scotland. Thrifty exclusive. 86 proof.

Slight Irregulars of Nationally Advertised \$5.50 Cigars

Factory Smokers

Hole in The Top Cigars

Your Choice

• Blunts
• Blunt Tips Box
• Penates of 50
• Liberties

\$2.49

Bradley's Deluxe Blended Whiskey

Fifth Gallon

\$2.88

Now priced even lower than our low everyday price.

\$2.75 Value! Santa Fe Tip

Cigarillos

10 5 Pack \$1.39

5 PACK 17¢

Factory over-run makes this low price possible! Factory fresh shipment!

Reg. \$79¢ Spiral Theme Books

59¢

4-hole Wide College Rule
• Typing Paper
• PACK OF 200

Student Hall's paper and other savings.

3-Ring Canvas Binders

74¢

Rugged 3-ring binder with blue canvas covers with 1 1/2" capacity.

Clear Sheet Protectors

Keep important papers fresh and clean. Pack of 12.

57¢

Empire No. 2 Yellow Pencils

Eraser tip - pack of 8.

8.39¢

Webster's Dictionaries

1972 hard cover edition with 384 pages, 30,000 entries, pronunciation.

77¢

'Friends of the Earth' 3-Ring Binder

\$1.19

Plastic covered with beautiful ecology scenes in color on front (back) 1 1/2" capacity.

Flu Des

A special pin-up, light of lamp—complete long lasting Gloriflu—just what you need for a healthy life.

Prices Good Thru Tuesday Now Available at Thrifty

American Express Money Orders

POMONA MALL THOMAS ST., POMONA 150 E. BONITA AVE., SAN DIMAS

EAST FOOTHILL BLVD., at EUCLID AVE., UPLAND

MORENO AND FREMONT ST., (5)

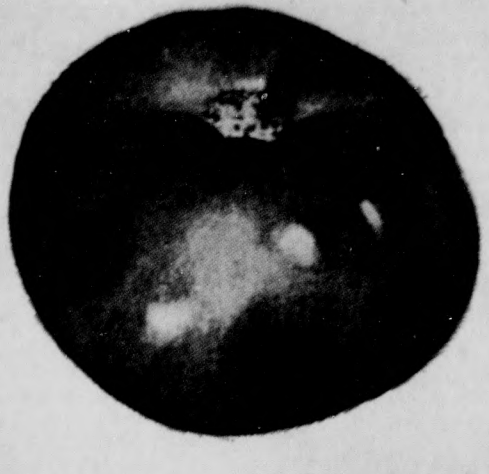
Shopping Bag BACK TO SCHOOL BELL RINGERS

24-HOUR STORES
LANCASTER 1111 Avenue "I"
SUNLAND 8325 Foothill Blvd.
PALMDALE 815 E. Avenue Q-6
VAN NUYS 13630 Victory Blvd.
SANTA BARBARA 3305 State Street
MONTEREY PARK 2280 Atlantic Blvd.
ALHAMBRA 1000 E. Valley Blvd.

OPEN 'TIL MIDNIGHT
PASADENA 3841 E. Sierra Madre Blvd.
LA PUENTE 15427 Amar Road
LA HABRA 1611 W. Whittier Blvd.
SOUTH PASADENA 452 Fair Oaks
GLENDALE 331 N. Glendale Ave.
LA CRESCENTA 3100 Foothill Blvd.
NEWBURY PARK 123 N. Reino Road
COVINA 960 W. Arrow Highway
ANAHEIM 9922 Katella
DOWNEY 9058 Stonewood



BONELESS NEW YORK SHOULDER
ROASTS
ROLLED & TIED
99¢
LB.



BEEF STEAK
TOMATOS
2 LBS.
29¢



ORANGES
7 LBS.
\$1

ROUND BONE STEAKS
89¢
LB.

Delicious Barbecued

SLICED QUARTERED **PORK LOIN** 89¢
SHOPPING BAG—1 LB. PKG.

SLICED BACON 77¢
NUTRITIOUS

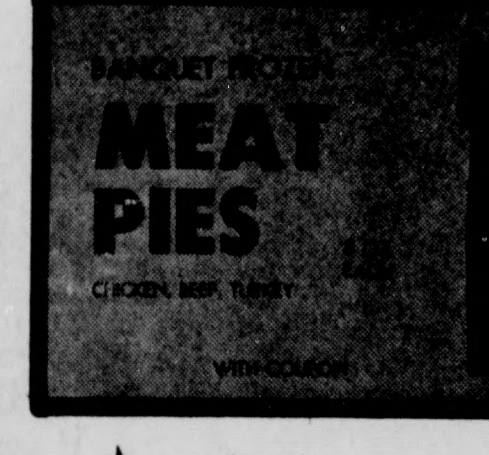
BEEF LIVER 68¢
BONELESS

STEWING BEEF 98¢



FAMILY PACK
FRYERS
29¢
LB.

INCLUDES 3 FRONT QUARTERS WITH BACKS 3 HIND QUARTERS WITH BACKS AND 3 EXTRA WINGS



CUCUMBERS Long Green... 10¢
BELL PEPPERS... 5¢

PURE GOLD VALENCIA
Sweet Juicy Thin Skinned Gourmet Item

RED BARTLETT PEARS SWEET LUSCIOUS... 3:1

CASABA MELONS
LUSCIOUS SWEET THICK MEAT
5¢
LB.

KRAFT VELVEETA
2 LB. CTN.
99¢
WITH COUPON

PETER PAN PEANUT BUTTER
REG. OR CRUNCHY • 28 OZ.
77¢
WITH COUPON

PERFECTION BREAD
WHITE, WHEAT OR SANDWICH • 1 LB. LOAF
18¢
WITH COUPON

FANCY FARMS GRADE AA LARGE EGGS
DOZEN CARTON
39¢

MOM'S OLD FASHIONED COOKIES
12 BACK TO SCHOOL VARIETIES TO CHOOSE FROM
4 FOR \$1

NIRES ROOT BEER
26 OZ. RETURNABLE BOTTLES
6 FOR \$1

TROPICAL • ASST. FLAVORS PRESERVES 20 OZ. JAR... 49¢
BELL BRAND • BOX OF 16 PACKS VARIETY PACK CHIPS... 79¢
ASST. VARIETIES • 6 OZ. CAN PETUNIA CAT FOODS... 10¢

DETERGENT • GIANT PKG. WHITE KING D... 53¢
46 OZ. CANS • ASSORTED HAWAIIAN PUNCH... 3:1

MEDIUM ALL PURPOSE SIZE 2 PACK 8-CELLO SPONGES... 29¢
8-CELLO SPONGES • ITALIAN • VINOGRANETTE SALAD DRESSING 8 OZ. SIZE... 39¢
CARNATION • ASST. FLAVORS • PACK OF 6 INSTANT BREAKFAST... 58¢

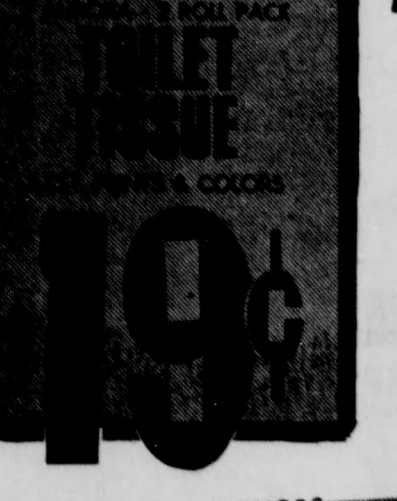
CHIFFON PRINTED PKG. OF 20 LUNCH BAGS... 19¢

FREE! HAMBURGER BUNS
WITH THE PURCHASE OF EACH 15½ OZ. CAN LIBBY'S SLOPPY JOE BEEF AT THE REGULAR 79¢ PRICE.

LUNCH MEATS
35¢

SLICED HAM
BRIDGFORD 4 OZ. PKG. WITH COUPON
55¢

MANHATTAN ALL MEAT • 12 OZ. PKG. FRANKS... 59¢
DORMAN • 8 OZ. WITH COUPON SLICED SWISS... 69¢
PILLSBURY • SWEET OR BUTTERMILK BISCUITS 8 OZ. TUBES... 49¢



WINE & LIQUORS
ANCIENT AGE 5 YEAR OLD BOURBON 1.5 L. BTL. \$10.98
CANADIAN MIST BLENDED WHISKY QUART \$5.50
GILBEY'S GIN 1/2 GALLON \$9.99
SPANISH WINES LARGE SELECTION YOUR CHOICE WITH \$9.99
BUSCH BEER 12 OZ. PAK TOP CANS SAVE 30¢ 4 PACK \$1.29

FROZEN FOOD FAVORITES
BIRDS EYE VEGETABLES 10 DIFFERENT VARIETIES 10 OZ. PACKAGES **44¢**

ORANGE CONCENTRATE • 6 OZ. BRIGHT & EARLY 12-OZ. BRIGHT & EARLY... 2:29¢
MORTON • 22 OZ. SIZE APPLE PIES... 32¢
VITA PAK • LEMON • ORANGE • PUNCH JUICE BARS PACK OF 6... 39¢
EVERFRESH • PEAS • PEAS W/CARROTS VEGETABLES 10 OZ. PKGS... 5:89¢
ORE-IDA • 1-LB. PKG. GOLDEN FRIES... 25¢
ORE-IDA • 1-LB. PKG. CRINKLE CUTS... 25¢

Van de Kamp's
tastes so good, it's hard to believe it's so good for you.
SPECIALS—Sept. 6-10
Rosettes 43¢
Coffee Cakes... 43¢
Bran Muffins... 39¢
Lemon Coconut Cake... \$1.39
Coke... 4 Laps, 1st \$1.39

ICE MILK
ASSORTED VARIETIES • 1/2 GAL.
36¢

KRAFT VELVEETA WITH 5.00 PURCHASE **99¢**
BABY SHAMPOO SLAVE • 16 OZ. **58¢**
MICRIN MOUTHWASH 18 OZ. BOTTLE **78¢**
MEAT PIES CHICKEN, BEEF OR TURKEY LIMIT 3 MANQUET FROZEN 8 OZ. ONE COUPON PER ADULT CUSTOMER COUPON GOOD SEPT. 7-13, 1972 **14¢**

CANADA DRY 12-OZ. CANS **6/69¢**
CALGON BATH OIL BEADS 1-LB. **89¢**
DINTY MOORE BEEF STEW 12-OZ. 79¢
NORWEL CHILI-PLAIN 15-OZ. 69¢
LAWRY'S SPAGHETTI SAUCE MIX 11½-OZ. 29¢
LAWRY'S SPAGHETTI SAUCE MIX 3-OZ. 49¢
MARSHED FIG NEWTONS 16-OZ. 49¢
RICH'S WHIP TOPPING 10-OZ. 49¢

WHITE KING 12 OZ. PAK TOP CANS **\$1.19**

BIRDS EYE PEAS/CARROTS/VEGETABLES 10-OZ. 47¢
BIRDS EYE AWAKE 8-OZ. 41¢
BIRDS EYE CUT CORN 10-OZ. 29¢
BIRDS EYE PEAS 10-OZ. 29¢
PICTSWEEP BROCCOLI SPEARS 10-OZ. 29¢
PICTSWEEP PEAS 10-OZ. 29¢

Golden Elegance China 4 pc. \$8.99
WITH PURCHASE OF 100 2 pc. SALAD PLATES THIS WEEK ONLY \$1.29
ONE COUPON PER ADULT CUSTOMER COUPON GOOD SEPT. 7-13, 1972

We Welcome FOOD STAMP CUSTOMERS

SPECIAL PRICES EFFECTIVE THURSDAY THRU WEDNESDAY SEPT 7 THRU SEPT 13, 1972

YOUR LOCAL SHOPPING BAG IS LOCATED AT 304 E. FOOTHILL BLVD., UPLAND — STORE HOURS: 9 A.M. TO 10 P.M. DAILY, 9 A.M. TO 9 P.M. SUNDAY

PUBLIC NOTICE

NOTICE OF PUBLIC HEARING
ZC-348

NOTICE IS HEREBY GIVEN that the City Council of the City of Upland will hold a public hearing on Monday, September 18, 1972, at 7:00 p.m. in the Council Chambers of the Upland City Hall to consider an appeal of a Planning Commission denial of a request for a zone change from R-1-D (Single Family Residential District - 7,500 sq. ft. minimum lot area) to A-P (Administrative and Professional District) by an amendment of the Official Zoning District Map of Chapter 1 - Zoning Regulations, Article IX of the Upland Municipal Code on the following described property:

The south 313.5 feet of the east 150 feet of Lot 672 of the Map of Ontario, in the City of Upland, County of San Bernardino, State of California, as per map recorded in Book 11, Page 6 of Maps in the Office of the County Recorder of said County.

More generally described as six lots (1.07 acres) at the northwest corner of Euclid Avenue and Seventh Street.

This public hearing will be conducted pursuant to the provisions of Chapter 1 - Zoning Regulations, Article IX of the Upland Municipal Code, and Section 65500-65800 of the Government Code of the State of California.

All persons interested in this proposal are invited to attend. All maps and pertinent data may be inspected at the Planning Department any time prior to the public hearing.

Doreen K. Carpenter,
City Clerk
CITY OF UPLAND
Upland News No. 4425
Publish September 7, 1972

PUBLIC NOTICE

Said sale will be made, but without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, to-wit: \$15,000.00, with interest thereon, as provided in said note(s), advances, if any, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust.

The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located.

Date: August 22, 1972
TITLE INSURANCE AND TRUST COMPANY

PUBLIC NOTICE

as said Trustee,
By Marion Jehue
Authorized Signature
Upland News No. 4410
Publish August 31, September 7, 14, 1972

The goal of U.S. cancer control is the yearly saving of 318,000 lives, or half of those who develop cancer each year. Your dollars to the American Cancer Society can help.

Bonds are for building.

Take stock in America.
New Bonds pay a bonus of prosperity.

DRAPER MORTUARY



NEWMAN E. DRAPER, pres.

986-1131

ESTABLISHED 1898

811 NORTH MOUNTAIN AVE.
ONTARIO, CALIFORNIA

Adjacent To Bellevue Cemetery

24 HOUR



EMERGENCY MEDICAL SERVICE

Available to All

Montclair Community Hospital

5050 San Bernardino St., Montclair
Just West of Central Ave.

An Activity of Century Medical Inc.

mayfair
SUPERMARKETS

CROSS RIB ROASTS BONELESS OVEN ROAST **98¢** lb.
7-BONE ROASTS CENTER CUTS **59¢** lb.
PORK STEAKS SLICED THIN FOR QUICK FRY **88¢** lb.
BONELESS BEEF STEW **98¢** lb.

CHUCK ROAST
BLADE CUT - POT ROAST
49¢ lb.

CHUCK STEAK BLADE CUT **59¢** lb.

PERCH FILLETS SKIN ON STRICTLY FRESH **98¢** lb.
FRESH TROUT IDAHO 1/4 to 1 lb. SIZE **\$1.29** lb.
ROCK COD FILLETS FRESH TARTY **98¢** lb.

SMOKED HAMS
SHANK PORTION - DRY CURE
59¢ lb.

MAKE MAYFAIR YOUR HEADQUARTERS FOR BACK-TO-SCHOOL SUPPLIES. WE HAVE A COMPLETE ASSORTMENT OF BINDERS, NOTEBOOKS, NOTEBOOK PAPER, LUNCH KITS, ETC. CHECK OUR LOW - LOW PRICES!

mayfair DELICATESSEN
BOLOGNA WILSON ALL MEAT 16 oz. **89¢** EA.
SHARP, ONION-CHIVE, JALAPENO 8 oz. **35¢**
ALPS AUSTRIAN SWISS 8 oz. **59¢**
OL' VIRGINIA LUNCHEON 5 oz. **35¢**
PILLSBURY COOKIES 16 oz. **53¢**
PILLSBURY BISCUITS BUTTERMILK OR SWEETMILK 8 oz. **9¢**

mayfair FROZEN FOODS
BANQUET DINNERS REG. **35¢**
PEAS - CUT CORN 10 oz. PKG. **55¢**
POUND CAKE 11 1/2 oz. **79¢**

Arden DAIRY SPECIALS
GILBERT H. BROCKMEYER
ICE CREAM THE NATURAL ICE CREAM ASSTD. FLAVORS QUARTS **89¢**
ARDEN YOGURT ALL FLAVORS HALF PINT **55¢**

mayfair LIQUOR SPECIALS
SCOTCH ROYAL OCCASION IMPORTED "RARE" SCOTCH 86 PR. QUART **\$4.99**
PRAYDA VODKA CHARCOAL FILTERED 80 PR. QUART **\$3.79**
ROYAL OCCASION AT ST. BOURBON 10 YR. 86 PR. QUART **\$4.99**
ROYAL COURT GIN EX. SMOOTH 80 PR. HALF GAL. **\$6.99**
TEQUILA JOSE GONZALEZ 80 PR. FIFTH **\$3.88**
ANNIE GREEN SPRINGS WINE NEW BERRY FROST & COUNTRY CHERRY 5% **95¢**

mayfair HEALTH & BEAUTY AIDS
DRISTAN TABLETS 24'S **\$1.19**
SOFT & DRI DEODORANT REG. OR UNSCENTED 5 oz. **\$1.08**

TURKEY DRUMSTICKS YOUNG TOMS GREAT FOR BARBECUE **28¢** lb.

"FRESH" HEN TURKEYS RIVERSIDE GRADE A 10-12 lb. AVG. **45¢** lb.
CORNEBEEF BRISKETS MCCOY - USDA CHOICE **\$1.11** lb.
ROASTING CHICKENS "FRESH" 4 to 6 lb. AVG. **56¢** lb.
SLICED BACON MAYFRESH REG. OR THICK **85¢** lb.
SMOKED PORK CHOPS HOFFMAN CERTIFIED **\$1.19** lb.
BONELESS HAMS MINI HAMS **\$1.79** lb.
SLAB BACON BY THE PIECE **66¢** lb.

MAY FRESH BREAD WHITE OR WHEAT & SANDWICH 1-lb. LOAF **19¢**
CAMPBELL'S TOMATO SOUP 10 1/2 oz. CAN **10¢**
LIBBY'S PINEAPPLE CHUNK - SLICED - CRUSHED, NO. 1 1/2 CAN **55¢** FOR
KAL KAN CAT FOOD BITS O TUNA & KIDNEY, BITS O TUNA & LIVER 6 1/2 oz. CANS **65¢** FOR

HYDROX COOKIES 20 oz. **53¢**
SKIPPY PEANUT BUTTER 18 oz. CREAMY OR CHUNKY **63¢**
BOLD DETERGENT DEAL PK. GT. **69¢**
BELL BRAND VARIETY PAK POTATO CHIPS CORN CHIPS CHEESE PUFFS 10 CT. **79¢**

FASHION KNEE-HI'S ALL IN LATEST FASHION SHAPES **79¢**
CHARISMA PANTY NOSE ALL NUDE TO THE WAIST **77¢**
SPECIAL INTRODUCTORY OFFER

MARGARINE IMPERIAL SOFT SPREAD - 1-lb. TUB. **47¢**
Van de Kamp's tastes so good. it's hard to believe it's so good for you. SPECIALS - Sept. 6-10
Rosettes **43¢**
Coffee Cakes Pkg. of 4, Reg. 49¢ **39¢**
Bran Muffins Pkg. of 4, Reg. 47¢ **\$1.39**
Lemon Coconut Cake 4 Layer, Pkg. \$1.50 **\$1.19**
Van de Kamp's

COUNTRY PRIDE LARGE GRADE AA EGGS DOZ **39¢**

mayfair FRESH FRUITS AND VEGETABLES
SWEET SUNRISE
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tors will stay, 9 stations,
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equipped.

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rm., 1/2 acre, zoned A-1,
must to see.

ONTARIO - lovely custom on
1/2 acre, zoned for animals
or units, Central Ave. front-
age.

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view, 12 x 50, 1 bdrm., awn-
ings, raised porch, skirting,
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Indoor Gardens Are Gaining Popularity

Indoor gardening is a

most popular activity to-
day. In fact, if growing
plants indoors isn't cur-
rently the most popular
thing in America, it
comes awfully close, says
the California Associa-
tion of Nurserymen.

Growing indoor plants
isn't a fad, or passing
fancy. The trend has been
continuously growing over
the past few decades.
Scores of varieties of
plants that thrive indoors
are being grown by Cali-
fornia nurserymen. These
indoor plants special-
ists not only supply gar-
deners in the Golden
State, but ship plants
throughout the country.
Popularity is at an all
time high -- but this was
not unexpected.

Architects, designers
and interior decorators
have increased their use
of indoor plants -- eval-
uating varieties by form,
texture and structure. In
the home, as well as busi-
ness office, the foliage
plants blend nature with
the decor. The potential
is unlimited. It's pos-
sible to achieve any ef-
fect -- or to create spe-

